

Giddy Up Get Down

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Simon Ward (AUS) & Maddison Glover (AUS) - September 2025

Notes: Tag at the end of wall 2 (facing front wall), Restarts on walls 3 & 5 (facing back wall)

Dance starts on vocals after the crack of the whip on the word "Once".

Ending: You will be facing 6:00. Dance up to count 36 (after left samba whisk) then step right to right side, looking over right shoulder to 12:00 with right hand on right buttock cheek.

[1-8] Full turn R, Chasse R, Cross/rock L, Recover R, $\frac{3}{4}$ turn L

1-2 Step right to right side turning $\frac{1}{4}$ turn right 3.00, Step left back turning $\frac{1}{2}$ turn right 9.00

3&4 Make a further $\frac{1}{4}$ turn right stepping right to right side, Step left beside right, Step right to right side 12.00

5-6 Cross/rock left over right, Recover weight back on right 12.00

7-8 Step left to left side turning $\frac{1}{4}$ turn left 9.00, Step right back turning $\frac{1}{2}$ turn left 3.00

[9-16] Shuffle back L, Shuffle back R, L coaster/cross, R side, L touch, L side, R touch

1&2 Step left back at left, Cross/step back right over left, Step left back at left 3.00 (small steps)

3&4 Step right back at right, Cross/step back left over right, Step right back at right 3.00 (small steps)

(open your shoulders back on the above shuffles for styling)

5&6 Step left back, Step right beside left, Cross/step left over right 3.00

&7&8 Step right to right side, Touch left beside right, Step left to left side, Touch right beside left 3.00

[17-24] R side, Hold & drag L, L behind, R side, Cross/step L, R side, L recover, Cross/step R, $\frac{1}{4}$ R

1-2 Large step right to right side, Hold whilst dragging left heel towards right 3.00

&3-4 Step left behind right, Step right to right side, Cross/step left over right 3.00

5-6 Rock/step right to right side, Recover weight onto left 3.00

7-8 Cross/step right over left, Step left to left side turning $\frac{1}{4}$ turn right 6.00

[25-32] R back, Hold & drag L, L ball change, Step L forward, Heel switches, Cross/step L

1-2 Large step back on right, Hold whilst dragging left heel back 6.00

&3-4 Step ball of left back, Recover weight onto right, Step left forward 6.00

5&6& Touch right heel forward, Step right beside left, Touch left heel forward, Step left beside right 6.00

7&8 Touch right heel forward, Step right beside left, Cross/step left over right 6.00

****Restart here on Walls 3 & 5 facing back wall**

[33-40] R samba whisk, L samba whisk, Walk around $\frac{3}{4}$ R with R cross chasse

1&2 Step right to right side, Rock/step ball of left behind right, Recover weight onto right 6.00 (Samba style)

3&4 Step left to left side, Rock/step ball of right behind left, Recover weight onto left 6.00 (Samba style)

5-6 Step right to right turning $\frac{1}{4}$ turn right, Step left forward turning $\frac{1}{8}$ turn right 10.30 (walk around)

7&8 Turn a further $\frac{3}{8}$ turn right cross/stepping right over left, Step left to left side, Cross/step right over left 3.00

[41-48] L samba whisk, R samba whisk, L fwd at diagonal, $\frac{1}{2}$ L, L coaster step

1&2 Step left to left side, Rock/step ball of right behind left, Recover weight onto left 3.00 (Samba style)

3&4 Step right to right side, Rock/step ball of left behind right, Recover weight onto right 3.00 (Samba style)

5-6 Turn $\frac{1}{8}$ L stepping left forward 1.30, Step right back turning $\frac{1}{2}$ turn left 7.30

7&8 Step left back, Step right beside left, Step left forward 7.30

[49-56] R Botafogo traveling fwd, L Botafogo traveling fwd, R jazz-box turning $\frac{1}{4}$ R

1&2 Travelling forward - Cross/step right over left, Rock/step left to left, Recover weight onto right 7.30 (Samba style)

3&4 Travelling forward - Cross/step left over right, Rock/step right to right, Recover weight onto left 7.30 (Samba style)

5-6 Cross/step right over left, Step left back turning $\frac{1}{4}$ turn right 10.30

7-8 Step right to right side, Step left forward 10.30

[57-64] Samba fallaway diamond $\frac{1}{2}$ turn R, V step with arms turning $\frac{1}{8}$ R, Cross/step L

1&2& Cross/step right over left, Step left slightly to left turning $\frac{1}{4}$ turn right, Step right back 1.30

3&4& Step left behind right, Step right to right side turning $\frac{1}{4}$ turn right, Step left forward 4.30

5 Step right forward to right diagonal (arm option: swinging right arm out)

6 Step left forward to left diagonal (arm option: swinging left arm out) 4.30

7 Step right back turning $\frac{1}{8}$ turn right to 6.00 (arm option: placing right hand across upper-body)

8 Cross/step left over right (arm option: placing left hand across right) 6.00

RESTART

Tag: At the end of Wall 2 (facing front wall) -

1-4 Step right to right side(1), Touch left beside right (2), Step left to left side(3), Touch right beside left and clap twice (&4)

Simon Contact: bellychops@hotmail.com Simon Ward Linedance Facebook Page

**Maddison Contact: maddisonglover94@gmail.com Maddison Glover Linedance
Facebook Page**

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