

Nightclub One Two

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Count: 16

Wall: 4

Level: Beginner NC2S

Choreographer: Glynn Rodgers (UK) - October 2025

This script contains two dances; Nightclub One & Nightclub Two. They are written to give beginners an introduction to nightclub two step dances. They are in fact the same dance, starting in slightly different places.

Nightclub One is written in the traditional nightclub two step rhythm, Quick-Quick Slow (QQS) like Amazing Faith by Rob Fowler. Nightclub Two is written in the Slow Quick-Quick rhythm, like The Dance by Tina Argyle. This rhythm is slightly trickier to learn, but is essentially the same dance, but you start from count 16 of Nightclub one. I suggest teaching Nightclub One until they have grasped it and then move on to Nightclub Two.

Both dances will fit to any nightclub rhythm songs and will work great for floor splits, but I have given some suggestions for each. Use different music for each and they can be used as 2 separate dances for floor splits - using popular current nightclub music such as Go to Hawaii, Million Dollar Smile or Diamonds in a whiskey glass.

Nightclub One (QQS Rhythm)

Music: Amazed by Lonestar / Hollywood Heart by Rick Tippe / Something About The Way You Look Tonight by Elton John

[1-8] Nightclub QQS Basics, Weave Left, Rock $\frac{1}{8}$ Turn-Step.

1&2 QQS Rock back on ball of right foot, recover weight on to left, take large step to right side with right.

3&4 QQS Rock back on ball of left foot, recover weight on to right, take large step to left side with left.

5&6 QQS Cross right behind left, step left to left side, cross right over left.

7&8 QQS Rock left to left side, recover weight on to right turning $\frac{1}{8}$ right to 1:30, step forward left.

[9-16] Mambo Forward, Mambo Back, Chase $\frac{3}{8}$ Turn, Cross Mambo.

1&2 QQS Rock forward right, recover weight on to left, step back right.

3&4 QQS Rock back left, recover weight on to right, step forward left.

5&6 QQS Step forward right, pivot $\frac{3}{8}$ turn left to face 9:00, step forward right.

7&8 QQS Cross rock left over right, recover weight on to right, step left to left side.

Nightclub Two (SQQ Rhythm)

Music: Why by Jason Aldean / Hawaii on me by Chris Janson / You're My Favorite by Jason Jones

[1-8] Nightclub SQQ Basics, Side, Weave left, Rock 1/8 Turn.

1-2& SQQ Take large step to left side with left, rock back on ball of right foot, recover weight on to left.

3-4& SQQ Take large step to right side with right, rock back on ball of left foot, recover weight on to right.

5-6& SQQ Step left to left side, cross right behind left, step left to left side.

7-8& SQQ Cross right over left, rock left to left side, recover weight on to right turning $\frac{1}{8}$ right to 1:30.

[9-16] Step, Forward Rock, Back, Back Rock, Step, Chase $\frac{3}{8}$ Turn, Cross Rock.

1-2& SQQ Step forward left, rock forward right, recover weight on to left.

3-4& SQQ Step back right, rock back left, recover weight on to right.

5-6& SQQ Step forward left, step forward right, pivot $\frac{3}{8}$ turn left.

7-8& SQQ Step forward right, cross rock left over right, recover weight on to right.

Last Update: 22 Oct 2025