

My Wildflower

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Count: 48

Wall: 4

Level: Improver

Choreographer: Gudrun Schneider (DE) & Gregory Danvoie (BEL) - October 2025

Intro 16 counts, start on lyrics

S1: DOROTHY STEP R WITH SWAY L+R, DOROTHY STEP L WITH SWAY R+L

1-2 RF step diagonally forward, LF step behind RF

&3-4 RF step diagonally forward, LF step left - sway hips left, sway hips right

5-6 LF step diagonally forward, RF step behind LF

&7-8 LF step diagonally forward, RF step right - sway hips right, sway hips left

S2: HEEL ACROSS - HITCH - CLOSE (R+L), CROSS SHUFFLE, ROCK L

1&2 RF heel cross over LF, RF hitch, RF step right

3&4 LF heel cross over RF, LF hitch, LF step left

5&6 RF cross over LF, LF step left, RF cross over LF

7-8 LF rock left, recover on RF

(arm movements counts 1 to 6: open both hands and put them at shoulder height

(like Bollywood styling)

S3: SAILOR STEP WITH $\frac{1}{4}$ Turn L, ROCK FWD R, OUT-OUT, IN-IN (on place), ROCK BACK R

1&2 $\frac{1}{4}$ turn left- LF step back, RF step beside LF, LF step forward (9:00)

3-4 RF rock forward, recover on LF

&5&6 RF step right, LF step left, RF center, LF step beside RF

7-8 RF rock back, recover on LF

S4: SHUFFLE $\frac{1}{2}$ TURN L, COASTER STEP, $\frac{1}{2}$ PADDLE TURN

1&2 $\frac{1}{4}$ turn left - RF step right, LF step beside RF, $\frac{1}{4}$ turn left, RF step back (3:00)

3&4 LF step back, RF step beside LF, LF step forward

5-6 1/8 turn left - RF point right, 1/8 turn left - RF point right (12:00)

7-8 1/8 turn left - RF point right, 1/8 turn left - RF step forward (9:00)

RESTART on Wall 2 and 3 with step change (S4-count 8 = touch R)

BRIDGE - SWAY L+R (only on wall one)

1-2 LF step left - sway hips left, sway hips right

S5: ROCK FWD L, SHUFFLE 1/2 TURN L, ROCK FWD L SAILOR STEP WITH 1/4 Turn R,

1-2 LF step forward, recover on RF

3&4 1/4 turn left - LF step left, RF step beside LF, 1/4 turn left, LF step forward (3:00)

5-6 RF rock forward, recover on LF

7&8 1/4 turn right, RF step back, LF step beside RF, RF step forward (6:00)

S6: SIDE ROCK - CROSS L, POINT R, 1/4 TURN R - CLOSE, SIDE ROCK - CROSS L, TOE R & HEEL L, CLOSE

1&2 LF rock left, recover on RF, LF cross over RF

3-4 RF point right, 1/4 turn right - RF step beside LF (9:00)

5&6 LF rock left, recover on RF, LF cross over RF

7&8& RF toe touch beside LF, RF step beside LF, LF heel forward, LF step beside RF

Have Fun!

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Last Update: 20 Oct 2025