

# Wildflower Ab

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**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Heidi Cluck (Warmkessel) (USA) - September 2025

**No tags No restarts!**

**#32 Count intro**

**(1-8) K Step**

**1,2 Step R fwd to R diagonal (1), Touch L next to R (2),**

**3,4 Step L back to L diagonal (3), Touch R next to L (4)**

**5,6 Step R back to R diagonal (5), Touch L next to R (6),**

**7,8 Step L fwd to L diagonal (7), Touch R next to L (8)**

**(9-16) R&L Grapevines**

**1,2 Step R to R side (1), Cross L behind R (2)**

**3,4 Step R to R side (3), Touch L next to R (4)**

**5,6 Step L to L side (5), Cross R behind L (6)**

**7,8 Step L to L side (7), Touch R foot (8)**

**(17-24) Walk Forward (3X), Kick, Walk Back (3X), Touch**

**1,2 Step R forward (1), step L forward (2)**

**3,4 Step R forward (3), kick L slight forward (4)**

**5,6 Step L back (5), step R back (6)**

**7,8 Step L back (7), touch R next to L (8)**

**(25-32) Right Kick-Ball-Change, Step,  $\frac{1}{4}$  Turn Left, Hip Sways**

**1&2 Kick R foot forward (1), Step down on R (&), Step L foot down in place next to R (2)**

**3 4 Step right forward (3), Pivot  $\frac{1}{4}$  turn left (weight on left) (4)**

**5 6 Step RF to R side w/ hip sway to R (5), Sway hips to L (6)**

**7 8 Sway Hips to R (7), Sway hips to L (8)**

**End of dance - Repeat**

**For questions please email [DancewithHeidiC@gmail.com](mailto:DancewithHeidiC@gmail.com)**

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