

Save Me Ab

LINEDANCE.COM

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Suzi Beau (ENG) - September 2025

Intro: 32 Count

Section 1 Shoop to R diagonal, Clap, Back Clap Back Clap

1 2 Step R to R diagonal, Close L to R

3 4 Step R to R diagonal, Touch L to R Clap

5 6 Step back to L diagonal, Touch R to L Clap

7 8 Step back to R diagonal, Touch L to R Clap

Section 2 Shoop to L diagonal, Clap, Back Clap Back Clap

1 2 Step L to L diagonal, Close R to L

3 4 Step L to L diagonal, Touch R to L Clap

5 6 Step back to R diagonal, Touch L to R Clap

7 8 Step back to L diagonal, Touch R to L Clap

Section 3 Vine R, (optional rolling) Vine $\frac{1}{4}$ L Scuff R

1 2 Step R to Right Side, Step L behind R

3 4 Step R to R side, Touch L by Right

5 6 Step L to L Side, Step R behind L

7 8 Turn $\frac{1}{4}$ L Stepping L forward, Scuff R

Section 4 Charleston Kick x 2

1 2 Step R forward, Kick L forward

3 4 Step back on L, Touch R back

5 6 Step R forward, Kick L forward

7 8 Step back on L, Touch R back

No Tags or restarts.

Great as a floor split to Ross Browns intermediate dance or Nathan Gardiner improver

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=201252