

My Broken Heart

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Count: 32

Wall: 2

Level: Intermediate

Choreographer: Kelli Haugen (NOR) & Pascale Boudinet (FR) - September 2025

Intro: 3 counts (start dancing after the word "focus")

GALLOP RIGHT DIAGONAL, GALLOP LEFT DIAGONAL

1&2&3&4 Step RF diagonally forward R, step LF next to RF, step RF diagonally forward R, step LF next to RF, step RF diagonally forward R, step LF next to RF, step RF diagonally forward R (1.30)

5&6&7&8 Step LF diagonally forward L, step RF next to LF, step LF diagonally forward L, step RF next to LF, step LF diagonally forward L, step RF next to LF, step LF diagonally forward L (10.30)

***Optional styling...Slowly raise your right arm in counts 1-4, swing a lasso with your right arm in counts 5-8**

JAZZ BOX, STEP, ½ TURN, STOMP X2

1,2,3,4 Cross RF in front of LF, step back on LF, step RF side R, step LF forward (12.00)

5,6,7,8 Step RF forward, ½ turn left on LF, stomp RF next to LF, stomp LF next to RF (6.00)

CHASSÈ, ¼ TURN CHASSÈ, KICK, KICK, COASTER STEP

1&2,3&4 Step RF side R, step LF next to RF, step RF side R, ¼ turn L step LF side L, step RF next to LF, step LF side L (3.00)

5,6,7&8 Kick RF forward, kick RF side R, step RF back, step LF next to RF, step RF forward

STEP, ¼ TURN, CROSS SHUFFLE, TOUCH & TOUCH & TOUCH & TOUCH, STEP HITCH

1,2,3&4 Step LF forward, ¼ turn R on RF, cross LF over RF, step RF side R, cross LF over RF (6.00)

5&6&7&8& Touch RF side R, step RF next to LF, touch LF side L, step LF next to RF, touch RF side R, step RF next to LF, touch LF side L, step LF next to RF and hitch R knee

TAG 1 - After wall 2 (facing 12.00) and after wall 8 (facing 12.00) STEP SWEEP, CROSS, SIDE, CROSS BACK SWEEP, CROSS BACK, SIDE, STEP, STEP, ½ TURN, STEP, STEP, ¼ TURN

1,2&3,4& Step RF forward sweeping LF forward, cross LF in front of RF, step RF side R, cross LF behind RF sweeping RF back, cross RF behind LF, step LF side L

5,6&7,8& Step RF forward, step LF forward, ½ turn R on RF, step LF forward, step RF forward, ¼ turn L on LF (3.00)

CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE, STEP, ¼ TURN, CROSS, SCISSOR STEP

1,2&3,4& Cross rock RF over LF, recover on LF, step RF side R, cross rock LF over RF, recover on RF, step LF side L

5,6&7,8& Step RF forward, ¼ turn L on LF, cross RF over LF, step LF side L, step RF next to LF, cross LF over RF (12.00)

TAG 2 - After wall 3 (facing 6.00) STOMP, HOLD, STOMP, HOLD

1,2,3,4 Stomp RF next to LF, hold, stomp LF next to RF, hold

RESTART: During wall 5 after 16 counts (facing 6.00)

ENDING: At the end of Tag 1 for the second time you will be facing 12.00, step RF diagonally

forward R & pose!

Enjoy ☺☺