

Sauna Samba

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Count: 32

Wall: 2

Level: Easy Intermediate

Choreographer: Jessica Boström (SWE) - May 2025

Intro: 16 counts. Approx. 9 secs. into track. Start with weight on L.

Tags happen 4 times in this dance:

After walls 1, 3, 4 & 6. See description at bottom of sheet.

Section 1. (1-8) 3/4 Turn Samba Weave.

1&2 Cross R over L, 1/8 R step back on L, step back on R. 1.30

3&4 Step back on L, 1/8 R step R to R side, 1/8 R step L fwd. 4.30

5&6 Step R fwd, 1/8 R step L to L side, 1/8 R step back on R. 7.30

7&8 Step back on L, 1/8 R step R to R side, step L fwd. 9.00

Section 2. (9-16) R Cross Samba. L Cross Samba. Full Volta Turn R.

1&2 Cross R over L, rock L to L side, recover on R. 9.00

3&4 Cross L over R, rock R to R side, recover on L. 9.00

5&6& Turn 1/4 R cross R over L, step L next to R, turn 1/4 R cross R over L, step L next to R. 3.00

7&8 Turn 1/4 R cross R over L, step L next to R, turn 1/4 R step R fwd. 9.00

Section 3. (18-24) 1/4 Turn Samba Weave. L Cross Samba. R Cross Samba.

1&2 Cross L over R, 1/8 L step back on R, step back on L. 7.30

3&4 Step back on R, 1/8 L step L to L side, step R fwd. 6.00

5&6 Cross L over R, rock R to R side, recover on L. 6.00

7&8 Cross R over L, rock L to L side, recover on R. 6.00

Section 4. (25-32) L Rock Fwd. L Coaster Step. R Step 1/2 Left x 2.

1-2 Rock L fwd, recover on R. 6.00

3&4 Step L back, step R beside L, step L fwd. 6.00

5-6 Step R fwd, 1/2 turn L step L fwd. 12.00

7-8 Step R fwd, 1/2 turn L step L fwd. 6.00

Start again! Have fun with it! 

Tag 1. After wall 1. Facing 6.00.

Section 1. (1-8) R Rocking Chair. R Jazzbox.

1-2-3-4 Rock R fwd, recover on L, rock R back, recover onto L.

5-6-7-8 Cross R over L, step L back, step R to Right side, step L fwd. 6.00

Tag 2. After wall 3. Facing 6.00

Section 1. (1-8) R Rock Fwd. R Coaster Step. L Step 1/2. L Fwd Shuffle.

1-2 Rock R fwd, recover on L.

3&4 Step R back, step L beside R, step R fwd.

5-6 Step L fwd, 1/2 turn Right step R fwd.

7&8 Step L fwd, step R beside, step L fwd. 12.00

Section 2. (9-16) R Rock Fwd. R Coaster Step. L Step 1/2. L Fwd Shuffle.

1-2 Rock R fwd, recover on L.

3&4 Step R back, step L beside R, step R fwd.

5-6 Step L fwd, 1/2 turn Right step R fwd.

7&8 Step L fwd, step R beside, step L fwd. 6.00

Tag 3. This Tag Is Done Twice. After Wall 4 & 6. Both Times Facing 12.00

Section 1. (1-4) R Jazzbox.

1-4 Cross R over L, step L back, step R to Right side, step L Fwd. 12.00

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