

Dont Let Go

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Count: 88

Wall: 2

Level: Phrased Advanced

Choreographer: Ryan Hunt (UK) - April 2025

Intro: 8 counts (after 6 seconds)

Sequence: ABC, AC, BC, Ending

Part A - Verse - 32c: Only danced on 12:00

Side, Rock Back, Lunge, 1/2 Spin w/ Hitch, Step Forward, Rock Forward, Recover, Run Back x2, 1/4 Drag

1-2& Step L to L (1), Cross Rock R behind L (2), Recover on L (&)

3-4 Lunge R to R (3), Recover on L as you spin 1/2 L hitching R knee (4) [6:00]

5-6& Step R forward (5), Rock L forward (6), Recover on R (&)

7&8 Run Back L (7), Run back R (&), Make 1/4 L stepping L to L as you drag R up to L (8) [3:00]

Note: On first A, look down to floor and place hands over your face on count 8 for lyrics "head in my hands"

On second A, push R hand to back wall on count 8 for the lyrics "pushing myself away"

Diagonal Rock, Recover, & Point Back, Unwind 5/8 w/ Sweep, Weave w/ Sweep, Behind Side Cross

1-2& Make 1/8 L as you Rock R forward (1) [1:30], Recover on L (2), Quickly step back on R (&)

3-4 Point L back for lyrics "the point" (3), Unwind 5/8 L as you sweep R forward (4) [6:00]

5&6 Cross R over L (5), Step L to L (&), Cross R behind L as you sweep L from front to back (6)

7&8 Cross L behind R (7), Step R to R (&), Cross L over R (8)

Hitch Cross, Triple 3/4, Mambo Forward w/ Sweeps Back x2, Behind Side, 1/8 Step Lock Step

&1 Hitch R knee (&), Cross R over L (1)

2&3 Make 1/4 R stepping L back (2) [9:00], Make 1/2 R stepping R forward (&) [3:00], Step L forward (3)

4&5-6 Rock R forward (4), Recover L (&), Step R back and sweep L back (5), Step L back and sweep R back (6)

7& Cross R behind L (7), Step L to L (&)

8&1 Make 1/8 L stepping R forward (8) [1:30], Lock L behind R (&), Step R forward (1)

Cross 1/4 Back, Behind 1/4 Forward, 1/8 Cross, Scissor Cross

2&3 Cross L over R (2), Make 1/8 L as you step R to R (&) [12:00], Make 1/8 L stepping L back (3) [10:30]

4&5 Cross R behind L (4), Make 1/8 L stepping L to L (&) [9:00], Make 1/8 L stepping R forward (5) [7:30]

6 Make 1/8 L as you cross L over R (6) [6:00]

7&8 Step R to R (7), Close L next to R (&), Cross R over L (8)

Part B - Pre-Chorus - 16c: Only danced on 6:00

Weave w/ 1/4 Turn, Step 1/2 Pivot, 1/4 Side, Rock Back, Side, Rock Back

1-2& Step L to L (1), Cross R behind L (2), Make 1/4 L stepping L forward (&) [3:00]

3-4 Step R forward (3), Pivot 1/2 L (4) [9:00]

5-6& Make 1/4 L stepping R to R (5) [6:00], Cross Rock L behind R (6), Recover on R (&)

7-8& Step L to L (7), Cross Rock R behind L (8), Recover on L (&)

Weave w/ 1/4 Turn, Step 1/2 Pivot, Prissy Walks x2, Rock Forward, Recover, Step Back, Reverse 1/2

1-2& Step R to R (1), Cross L behind R (2), Make 1/4 R stepping R forward (&) [9:00]

3-4 Step L forward (3), Pivot 1/2 R (4) [3:00]

5-6 For the lyrics “walk away”, walk L forward and slightly across (5), walk R forward and slightly across (6)

7&8& Rock L forward (7), Recover R (&), Step L back (8), Make 1/2 R stepping R forward (&) [9:00]

Part C - Chorus - 40c: Danced on both 12:00 and 6:00 (Clock references for 12:00)

Note: When C is danced directly after B, make a further 1/4 R to face 12:00 before Count 1 - Step L to L. (1/4) Side, Rock Back, Side Touch, Side Together Forward, Step 3/4 ‘Drop’, Behind 1/4, Full Spiral

1-2& Step L to L (1), Cross Rock R behind L (2), Recover L (&)

3& Step R to R (3), Touch L next to R (&)

4&5 Step L to L (4), Close R next to L (&), Step L forward (5)

6&7 Step R forward (6), Pivot 1/2 L (&) [6:00], Make 1/4 L stepping R to R as you sweep L behind and throw both hands down to the floor - palms facing up - for lyrics “fall to pieces” (7) [3:00]

8&1 Cross L behind R (8), Make 1/4 R stepping R forward (&) [6:00], Step L and spiral full turn over R (1) [6:00]

Step Reverse 1/2, Rock Back, Recover, Cross, Side Rock, Cross, Side, Rock Back

2&3-4 Step R forward (2), Make 1/2 R stepping L back (&) [12:00], Rock R back (3), Recover L (4)

5&6& Cross R over L (5), Rock L to L (&), Recover R (6), Cross L over R (&)

7-8& Step R to R (7), Cross Rock L behind R (8), Recover R (&)

Hinge/Lift 5/8, Run Forward x2, Rock Forward, Recover, 1/4 Sways x2, Run Around 1+1/8 w/ Sweep

1-2& Step L to L as you hinge 5/8 R lifting R up (1) [7:30], Run forward R (2), L (&)

3-4& Rock R forward (3), Recover L (4), Step R back (&)

5-6 Make 1/4 L stepping/swaying L to L (5) [4:30], Sway R to R (6)

7&8&1 Run around in a circle making 1+1/8 L - L (7), R (&), L (8), R (&), L sweeping R forward (1) [3:00]

Weave w/ Hitch, Behind 1/8, Step 1/2 Pivot, 1/8 Side Rock, Cross Rock

2&3 Cross R over L (2), Step L to L (&), Cross R behind L as you hitch L out to L (3)

4& Cross L behind R (4), Make 1/8 R stepping R forward (&) [4:30]

5-6 Step L forward (5), Pivot 1/2 R (6) [10:30]

7&8& Make 1/8 R rocking L to L (7), Recover R (&), Cross Rock L over R (8), Recover R (&)

Side, Rock Back, Sway x2, Side, Rock Back, Sway x2

1-2& Step L to L (1), Cross Rock R behind L (2), Recover L (&)

3-4 Step/Sway R to R (3), Sway L to L (4)

5-6& Step R to R (5), Cross Rock L behind R (6), Recover R (&) *

7-8 Step/Sway L to L (7), Sway R to R (8)

Ending - during final C, dance 3& counts (*), and then step L to L and slowly drag R in.