

A Letter To My Mama

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Oli Geir (ICE) & Hugrun (ICE) - May 2025

Intro 16 Counts - One Tag In End Of Wall 4

Side, Back Rock. Side, Behind, Step Fwd $\frac{1}{4}$ Turn R. Step Fwd Turn $\frac{1}{2}$ Turn R. Shuffle Fwd. Rock Fwd.

1-2 & Step L to side, Rock R behind L, Recover on L.

3-4 & Step R to side, Step L behind R, Turn $\frac{1}{4}$ turn R stepping fwd on R. (3)

5-6 & Step fwd on L & turn $\frac{1}{2}$ turn R weight on L, Step fwd on R, Step L next to R. (9)

7-8 & Step fwd on R, Rock fwd on L, Recover on R.

Step Back, Sweep Step Behind, Step Fwd $\frac{1}{4}$ Turn L, Step Fwd Turn $\frac{3}{8}$ Turn L, Step Fwd, Across, Side, Drag In Step Fwd $\frac{1}{4}$ Turn R, Across, Side, Drag In Step Fwd $\frac{1}{4}$ Turn L, Across. Step Fwd.

1-2 & Step back on L, Sweep R out and around step behind L, Turn $\frac{1}{4}$ turn L stepping fwd on L. (6)

3-4 & Step fwd on R turn $\frac{3}{8}$ turn L weight on R, Step fwd on L, Step R across L. (1.30)

5&6& Step on ball of L to L side, Drag R in towards L and turning body $\frac{1}{4}$ turn R, Step fwd on R, Step L across R. (4.30) (Use Rise & Fall)

7&8& Step on ball of R to R side, Drag L in towards R and turning body $\frac{1}{4}$ turn L,

Step fwd on L, Step R across L. (1.30) (Use Rise & Fall) Rock Fwd, Side $\frac{1}{8}$ Turn L, Diamond $\frac{3}{4}$ Turn L.

1-2 & Rock fwd on L, Recover on R, Turn $\frac{1}{8}$ turn L stepping L to side. (12)

3-4 & Turn $\frac{1}{8}$ turn L stepping R across L, Step fwd on L, Turn $\frac{1}{8}$ turn L stepping R to side. (9)

5-6 & Step back on L, Step back on R, Turn $\frac{1}{4}$ turn L stepping L to side. (6)

7-8 & Step fwd on R, Step fwd on L, Turn $\frac{1}{4}$ turn L stepping R to side, (3)

**Step Back, Rock Back, 1/2 Turn L Step Back, Rock Back, Spiral 1/1 Turn R, Step Pivot
1/2 Turn R, Chasse L.**

1-2 & Step back on L, Rock back on R, Recover on L.

3-4 & Turn 1/2 turn L stepping back on R, Rock back on L, recover on R.

5-6 & Step fwd on L, Turn full turn R weight on L with R in front, step fwd on R.

7-8 & Pivot 1/2 turn R (weight ends on R), Step L to side, Close step R to L.

TAG: Two Count Tag Is Made In End Of Wall 4 Facing 12 o'clock

Tag: 1-2 & Rock L to L side, Recover on R, Drag L towards R.

Start Again - Enjoy & Keep Smiling

Styling: Dance Ball Flat throughout and Use Rice & Fall on count 5 to 8 in section two