

Only One

LINEDANCE.COM

Count: 48

Wall: 4

Level: Easy Intermediate

Choreographer: Joshua Talbot (AUS), Kevin Smith (AUS) & Maria Smith (AUS) - April 2025

Intro: 32 counts - Start on the word 'ONE'

Section 1: SIDE ROCK, RECOVER, SIDE SHUFFLE $\frac{1}{4}$, PIVOT $\frac{1}{2}$, KICK BALL CHANGE

1, 2 Rock R to R, recover weight L as you flick R behind L

3&4 Step R to R, step L together, $\frac{1}{4}$ R step R fwd (3.00)

5, 6 Step L fwd, $\frac{1}{2}$ R on ball of L foot taking weight R (pivot) (9.00)

7&8 Kick L fwd, step on ball of L foot together, step R together

Section 2: STEP, TOUCH, BALL CHANGE, SCUFF, SHUFFLE FWD, ROCK RECOVER

1, 2 Step L fwd, touch R together

&3, 4 Step R slightly back, step L fwd, scuff R fwd

5&6 Step R fwd, step L together, step R fwd

7, 8 Rock L fwd, recover weight R

Section 3: BACK, DRAG, BALL CROSS SHUFFLE, $\frac{1}{4}$ VINE R, STEP, $\frac{1}{2}$ FWD

1, 2 Big step L back, drag R towards

&3&4 Step R together, cross L over R, step R slightly to R, cross step L over R

5, 6, 7 Step R to R, step L behind R, $\frac{1}{4}$ R step R fwd (12.00)

&8 Step L slightly fwd, $\frac{1}{2}$ R step R fwd (6.00)

Section 4: $\frac{1}{2}$ R WALK BACK X3, $\frac{1}{2}$ R STEP FWD, $\frac{1}{4}$ SIDE SHUFFLE, ROCK, RECOVER

1, 2 $\frac{1}{2}$ R walk back L, walk back R (12.00)

3, 4 Walk back L, $\frac{1}{2}$ R step fwd R (6.00)

5&6 $\frac{1}{4}$ R step L to L, step R together, step L to L (9.00)

7, 8 Rock R behind L, recover weight L

Section 5: R FIGURE 8

1, 2, 3 Step R to R, step L behind R, $\frac{1}{4}$ R step R fwd (12.00)

4, 5 Step L fwd, $\frac{1}{2}$ R on ball of L foot taking weight R (6.00)

6, 7, 8 $\frac{1}{4}$ R step L to L, step R behind L, $\frac{1}{4}$ L step L fwd (6.00)

Section 6: PIVOT $\frac{1}{2}$, 2 TURNING $\frac{1}{2}$ SHUFFLES, $\frac{3}{4}$ PIVOT

1, 2 Step R fwd, $\frac{1}{2}$ L on ball of R foot taking weight L (12.00)

3&4 $\frac{1}{4}$ L step R to R, step L together, $\frac{1}{4}$ L step R back (6.00)

5&6 $\frac{1}{4}$ L step L to L, step R together, $\frac{1}{4}$ L step L fwd (12.00)

7, 8 Step R fwd, $\frac{3}{4}$ L on ball of R foot taking weight L (3.00)

[48]

Restarts: Wall 3, Dance to count 7, in section 3 (count 23): Step L together on count 24

Wall 6: Dance to count 8, in section 5 (count 40)

Both restarts happen to the back wall

Finish: On Last wall Dance to count 24, replacing the “& $\frac{1}{2}$ ” with a “& $\frac{1}{4}$ ” to front.

Joshua Talbot: +61 407 533 616 dance@jbtalbot.com www.jbtalbot.com

Kevin & Maria Smith +61 414 657 800 kickincountryau@yahoo.com