

# Break The Chains

LINEDANCE.COM

**Count:** 48

**Wall:** 2

**Level:** Easy Advanced

**Choreographer:** Neville Fitzgerald (UK) & Julie Harris (UK) - August 2026

**Music:** Dancing In The Rain - Musically

**Dancing In The Rain by Musically (AI) Please ask for track ..**

**Start... 32 Counts( approx 25 sec) for the Intro.. then Main dance starts on vocals .. ..**

**Sequence Intro... 16 Counts with step change.**

**Main Dance ...48, 32, 48, 48, 32, 16 with Step Change, 48, 16 with Ending.**

**Back Touch, Step Touch, Step Touch, Side, Back Rock Side, Behind, Side, Forward , Step, Together.**

- 1&2&** Step back diagonally on Left, touch Right next to Left, step forward diagonally on Right, touch Left next to Right.
- 3&4** Step forward on Left, touch Right next to Left, step Right to Right side.
- 5&6** Rock Left behind Right, recover forward on Right, step Left to Left side as you lift Right toe to Right diagonal.
- 7&8&1** Cross step Right behind Left, step Left to Left side, make 1/8 turn to Left stepping forward on Right , step forward on Left, step Right next to Left. (10.30)

**Back, Lock Step Back, 3/8, 1/4, Back Rock Side, Behind , 1/4**

- 2** Step back Left.
- 3&4** Step back on Right, lock Left across Right, step back on Right.
- 5-6** Make 3/8 turn to Left stepping Left forward, make 1/4 turn to Left stepping Right to Right side. (3.00)
- 7&8&1** Cross rock Left behind Right, recover forward Right, step Left to Left side, cross step Right behind Left, make 1/4 turn to Left stepping forward on Left (12.00) (Restart with step change)

**Brush/Hitch, Back, Back, 1/4, Point, Heel Grind, Side, Ball, Cross Shuffle**

- 2-3** Brush Right forward and Hitch Right knee smoothly up at same time, step back with Right.
- 4&5** Step back on Left, make 1/4 turn to Right stepping Right to Right side, point Left out to Left side.(3.00)

- 6-7** Heel grind Left in front of Right, step Right to Right side.
- &8&1** Step Left next to Right, Cross step Right across Left, Step Left next to Right, Cross step Right across Left (This is a diagonal cross shuffle towards 1.30 corner but body still facing 3.00 )

### **Twist, Twist, Forward, Side, Back Rock 1/4, Sailor 1/4, Ball, Rock,**

- &2** Twist both heels to Right, twist both heels back to centre (weight ending on Right left heel slightly raised)
- 3-4** Step forward on Left 1/8 turn to Left (1.30) make 1/8 turn to Left stepping Right to Right side. (12.00)
- 5&6** Cross rock Left behind Right, recover forward on Right, make 1/4 turn to Right stepping back on Left sweeping Right (3.00)
- 7&8&1** Make 1/4 turn to Right stepping Right behind Left, step Left to Left side, step forward on Right, step Left next to Right, rock forward on Right (6.00) (Restart Wall 2&5 with step change)

### **Recover, & Lock Step Forward, 1/2 Funky Paddle**

- 2&** Recover back on Left, step Right next to Left
- 3&4** Step forward on Left, lock Right behind Left, step forward on Left.
- 5-6** With weight on Left make 1/8 turn to Left as you touch Right 'flat sole', with weight on Left make 1/8 turn to Left as you touch Right 'flat sole',
- 7-8** With weight on Left make 1/8 turn to Left as you touch Right 'flat sole', with weight on Left make 1/8 turn to Left as you step on Right with 'flat sole taking weight. 12.00)

### **Rock Recover & Lock Step Forward, 1/2 Funky Paddle x4**

- 1-2&** Rock forward on Left, recover back on Right, step Left next to Right
- 3&4** Step forward on Right, lock Right behind Left, step forward on Left.
- 5-6** With weight on Right make 1/8 turn to Right as you touch Left 'flat sole', with weight on Right make 1/8 turn to Right as you touch Left 'flat sole',
- 7-8** With weight on Right make 1/8 turn to Right as you touch Left 'flat sole', with weight on Right make 1/8 turn to Right as you touch Left flat sole finishing with weight on Right. (6.00)

### **INTRODUCTION...**

**Dance Up To & Including Count 6 of Section 2 Then add on Sailor 1/4, Together.**

**7&8&** Make 1/4 turn to Left stepping Left behind Right, step Right to Right side, step forward on Left, step Right next to Left. Then Begin the Dance.

**Restart on Wall 2 (starts facing 6.00 restart happens at 12.00)**

**Restart on Wall 5 (starts facing 12.00 restart happen at 6.00)**

**Dance Up To & Including Count 8 of Section 4 THEN touch Left next to Right for the step change to Begin Again .**

**RESTART with Step Change on Wall 6**

**Dance Up To & Including Count 6 of Section 2 Then add on Sailor 1/4, Together.**

**7&8&** Make 1/4 turn to Left stepping Left behind Right, step Right to Right side, step forward on Left, step Right next to Left. Then Begin Dance from the Beginning.

**ENDING ..**

**Dance to end of Section 2 then add on Step forward on Right , slide Left next to Right over 3 counts.**