

Hooked

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Count: 64 **Wall:** 2 **Level:** Easy Intermediate

Choreographer: Gary Lafferty (SCO) - July 2026

Music: Hooked on Country Music - DJTEXX

140 bpm

SECTION 1: HEEL, HOOK, SHUFFLE FORWARD; ROCK FORWARD, RECOVER, LEFT COASTER

- 1-2** Touch Right heel forward, hook Right heel across Left ankle
- 3&4** Step forward on Right foot, step on Left foot beside Right, step forward on Right foot
- 5-6** Rock forward on Left foot, recover weight onto Right foot
- 7&8** Step back on Left foot, step on Right foot beside Left, step forward on Left foot

SECTION 2: ROCK FORWARD, RECOVER, ¼ SIDE-SHUFFLE; LEFT JAZZBOX CROSS

- 1-2** Rock forward on Right foot, recover weight onto Left foot
- 3&4** Turn ¼ Right stepping to Right on Right foot, step on Left foot beside Right, step to Right on Right foot
- 5-8** Cross-step Left over Right, step back on Right foot, step on Left beside Right, cross-step Right over Left

SECTION 3: CHASSE LEFT, ROCK BACK, RECOVER; CHASSE RIGHT, ROCK BACK, RECOVER

- 1&2** Step to Left on Left foot, step on Right foot beside Left, step to Left on Left foot
- 3-4** Rock back on Right foot, recover weight onto Left foot
- 5&6** Step to Right on Right foot, step on Left foot beside Right, step to Right on Right foot
- 7-8** Rock back on Left foot, recover weight onto Right foot

SECTION 4: DIAGONAL STEP FORWARD, SWIVEL RIGHT FOOT BESIDE; DIAGONAL STEPS BACK (x 2)

- 1-2** Step diagonally-forward Left on Left foot, swivel Right heel towards Left foot
- 3-4** Swivel Right toes towards Left foot, swivel Right heel towards Left foot (weight stays on Left for 2/3/4)
- 5-6** Step diagonally-back Right on Right foot, touch Left foot beside Right (clap)

7-8 Step diagonally-back Left on Left foot, touch Right beside Left (double-clap on &8)

SECTION 5: WEAVE TO RIGHT; CHASSE RIGHT, ROCK BACK, RECOVER

1-4 Step to Right on Right, cross-step Left behind Right, step to Right on Right, cross-step Left over Right

5&6 Step to Right on Right foot, step on Left foot beside Right, step to Right on Right foot

7-8 Rock back on Left foot, recover weight onto Right foot

SECTION 6: SIDE LEFT, HOLD, & SIDE, HOLD; & ¼ TURN, STEP FORWARD, ½ TURN, STEP F/W

1-2& Step to Left on Left (1), hold / clap (2), step on Right foot beside Left (&)

3-4& Step to Left on Left (3), hold / clap (4), step on Right foot beside Left (&)

5-8 Turn ¼ Left stepping f/w on Left, step forward on Right, pivot ½ turn to Left, step forward on Right

SECTION 7: ROCK FORWARD, RECOVER, COASTER STEP (LEFT then RIGHT)

1-2 Rock forward on Left foot, recover weight onto Right

3&4 Step back on Left foot, step on Right foot beside Left, step forward on Left foot

5-6 Rock forward on Right foot, recover weight onto Left

7&8 Step back on Right foot, step on Left foot beside Right, step forward on Right foot

SECTION 8: ROCK FORWARD, RECOVER, TRIPLE ½ TURN; STEP F/W, ½ TURN, STOMP, STOMP

1-2 Rock forward on Left foot, recover weight onto Right

3&4 Make ½ triple turn back over Left shoulder stepping on Left-Right-Left

5-8 Step forward on Right foot, pivot ½ turn to Left, stomp Right beside Left, stomp Left beside Right

START AGAIN - NO TAGS OR RESTARTS!