

Come Rock My Body

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Count: 32 **Wall:** 4 **Level:** High Beginner

Choreographer: Rob Williams (USA) - June 2026

Music: Rock My Body - R3HAB, Inna & Sash!

INTRO: 32 counts from start of lyrics

There is one easy restart. No tags.

Sec 1: ROCK BACK, RECOVER, FWD-LOCK-FWD, ROCK FWD, RECOVER, ½ L TURNING SHUFFLE

1-2 Rock R back, Recover on L

3& 4 Step R fwd, Lock/step L behind R, Step R fwd

5-6 Rock L fwd, Recover on R

7& 8¼ L stepping L to left (9:00), Step R next to L, ¼ L stepping L fwd (6:00)

Sec 2: FWD, KICK, COASTER STEP, ¼ R JAZZ BOX

1-2 Step R fwd, Kick L fwd

3& 4 Step L back, Step R next to L, Step L fwd

5-8 Step R across L, Step L back, ¼ R stepping R fwd, (9:00), Step L fwd

****RESTART here on Wall 3**

Sec 3: SIDE, TOUCH, FWD DIAGONAL HOPS x 2, LEFT ROLLING VINE

1-2 Step R to right, Touch L next to R

&3 Small hop to left fwd diagonal- LF (&) then RF (3) (keeping weight on LF)

&4 Small hop to right fwd diagonal- RF (&) then LF (4) (keeping weight on RF)

5-8¼ L Stepping L fwd (6:00), ½ L Stepping R back (12:00), ¼ L Stepping L to side (9:00), Tap R next to L

Sec 4: REAR DIAGONAL/Touch x 2, KICK BALL CROSS, ½ R UNWIND

1-2 Step R back to R rear diagonal, Touch L next to R

3-4 Step L back to L rear diagonal, Touch R next to L

5& 6 Kick R fwd, Step on ball of RF, Cross/Step L over R

7-8½ Right unwind over two counts (shifting weight to LF) (3:00)

****Option to roll hips from R to L as you unwind**

[REPEAT SECTIONS 1-4]

RESTART:

Start Wall 3 at 6:00. Dance 16 counts then restart facing 3:00.

ENDING:

Option to end the dance with a full unwind.

There are no tags.

Thanks so much for taking the time to check out my dance. Hope you have fun!