

On That Day

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Count: 32 **Wall:** 2 **Level:** Intermediate NC

Choreographer: Niels Poulsen (DK) - March 2026

Music: The Day That I Die - Lewis Capaldi

Intro: 16 counts from beginning of track. App. 12 secs. into track. Start with weight on L foot

****2 restarts: 1) On wall 2, after 24 counts, facing 12:00. 2) On wall 4, after 20 counts, facing 12:00.**

NOTE: When doing the 2nd restart you must change the steps for counts 19 and 20. See NOTE at the bottom of sheet

[1 - 7] Fwd R, step turn step, full spiral L, fwd L sweep R, cross, ¼ R back L

- 1 Step R fwd (1) 12:00
- 2&3 Step L fwd (2), turn ½ R onto R (&), step L fwd (3) 6:00
- 4 - 5 Step R fwd spiralling a full turn L (4), step L fwd sweeping R fwd (5) 6:00
- 6 - 7 Cross R over L (6), turn ¼ R stepping back on L (7) 9:00

[8 - 16] Syncopated back rocking chair, ¼ R point L, L rolling vine, weave sweep, behind ¼ R

- 8&1 Rock back on R (8), recover on L (&), rock fwd on R (1) 9:00
- 2&3 Recover on L (2), turn ¼ R stepping R to R side (&), point L to L side (3) 12:00
- 4&5 Turn ¼ L stepping L fwd (4), turn ½ L stepping back on R (&), turn ¼ L stepping L to L side sweeping R fwd (5) 12:00
- 6&7 Cross R over L (6), step L to L side (&), cross R behind L sweeping L to L side (7) 12:00
- 8& Cross L behind R (8), turn ¼ R stepping fwd on R (&) 3:00

[17 - 24] ¼ R into L basic, R basic, side L, R back rock, full turn L

- 1 - 2& Turn ¼ R stepping L a big step to L side (1), close R behind L (2), cross L over R (&) 6:00
- 3 - 4& Step R a big step to R side (3), close L behind R (4), cross R over L (&) ... * Amendment and

Restart here on wall 4, facing 12:00 (see details at bottom of sheet) 6:00

- 5 - 6 - 7 Step L to L side (5), rock back on R (6), recover on L (7) 6:00

8& Turn ½ L stepping back on R (8), turn ½ L stepping fwd on L (&) ... * Restart here on wall 2, facing 12:00 6:00

[25 - 32] ¼ L into R side rock, cross, ½ R sweep, side cross, sway RLR, ¼ L fwd L, R step lock

1 - 2& Turn ¼ L rocking to R side (1), recover on L (2), cross R over L (&) 3:00

3 - 4& Step L to L side turning ½ R sweeping R to R side (3), step down on R (4), cross L over R (&) 9:00

5 - 6& Step R to R side swaying body R (5), sway body L (6), sway body R (&) 9:00

7 - 8& Turn ¼ L stepping onto L (7), step fwd on R (8), lock L behind R (&) ... (Note: counts 8& combined with count 1 of your new wall is a 'R step lock step') 6:00

Start again

NOTE

During wall 4 there's an amendment followed by a restart. This happens after your L basic nightclub (1-2&). Instead of doing the R basic you do a R side rock (3), recover on L dragging

R next to L (4) ... Note: prep body slightly to L on count 4 - 12:00

Ending

Wall 7 is your last wall. It starts facing 12:00. Do up to counts 20& (finish the R basic) facing 6:00. Then step L to L side turning ½ R swinging R around and stepping it to R side on the word 'die'. You're now facing 12:00