

Laid Back 'n Low Key for Two

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Count: 32

Wall: —

Level: Low Intermediate Progressive Partner

Choreographer: Ike & Virginia Po

Music: Laid Back 'N Low Key by Alan Jackson from the CD Good Time

Adapted from line dance 'Laid Back 'N Low Key' choreography by Peter Metelnick & Alison Biggs

Position: Cape position - same footwork.

STEP SIDE, TOGETHER, BACK BALL CROSS, WALK, WALK FORWARD, SHUFFLE FORWARD

- 1-2 Step right to right side, step left next to right
- 3&4 Step right back, step left back, cross step right over left
- 5-6 Walk left, right forward

Option: 2 count full turn forward (Turn ½ right & step left back, turn ½ right & step right forward)

Hands: Raise right & drop left

- 7&8 Step left forward, step right together, step left forward

ROCK, RECOVER, ¼ TURN SIDE SHUFFLE, WEAVE

- 1-2 Rock right forward, recover on left
- 3&4 Turn ¼ right & step right to right side, step left next to right, step right to right side
- 5-8 Cross step left over right, step right to side, cross step left behind right, step right to side

CROSS ROCK, RECOVER, ¼ TURN SHUFFLE FORWARD, STEP FORWARD, PIVOT ½ TURN, STEP FORWARD, PIVOT ½ TURN

- 1-2 Cross rock left over right, recover on right
- 3&4 Turn ¼ left & step left forward, step right together, step left forward
- 5-6 Step right forward, pivot ½ turn left (weight on left)

Hands: Raise left & drop right

- 7-8 Step right forward, pivot ½ turn left (weight on left)

Hands: Raise left & drop right

ROCKING CHAIR, 2 SHUFFLES FORWARD

1-4 Rock right forward, recover on left, rock right backward, recover on left

5&6 Step right forward, step left together, step right forward

7&8 Step left forward, step right together, step left forward

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=75345