

Happy Without Me

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Count: 32

Wall: 4

Level: Improver Polka style

Choreographer: Niels Poulsen (DK) - May 2026

Music: Happy Without Me - Declan J Donovan

Intro: 16 counts from beginning of track. App. 8 secs. into track. Start with weight on L foot

#2 restarts:

***1st restart: on wall 4 which starts at 3:00. Restart dance after 16 counts, facing 12:00**

****2nd restart: on wall 6 which starts at 9:00. Restart dance after 16 counts, facing 6:00**

[1 - 8] R&L side points, R&L heel switches, R shuffle fwd, step ½ R

- 1&2&** Point R to R side (1), step R next to L (&), point L to L side (2), step L next to R (&) 12:00
- 3&4&** Touch R heel fwd (3), step R next to L (&), touch L heel fwd (4), step L next to R (&) 12:00
- 5&6** Step R fwd (5), step L behind R (&), step R fwd (6) 12:00
- 7 - 8** Step L fwd (7), turn ½ R onto R (8) 6:00

[9 - 16] ¼ R into L chasse, R back rock, R step slide, behind side cross

- 1&2** Turn ¼ R stepping L to L side (1), step R next to L (&), step L to L side (2) 9:00
- 3 - 4** Rock back on R (3), recover on L (4) 9:00
- 5 - 6** Step R a big step to R side (5), slide L towards R (6) 9:00
- 7&8** Cross L behind R (7), step R to R side (&), cross L over R (8) ... Restarts here on walls 4 and 6. See explanation in the information box at top of step sheet 9:00

[17 - 24] R side rock ¼ L, R shuffle fwd, L rock fwd, quick ¼ L side step, point R, clap X2

- 1 - 2** Rock R to R side (1), turn ¼ L when recovering onto L (2) 6:00
- 3&4** Step R fwd (3), step L behind R (&), step R fwd (4) 6:00
- 5 - 6** Rock L fwd (5), recover back on R (6) 6:00
- &7&8** Turn ¼ stepping L to L side (&), point R to R side (7), clap hands twice up to L diagonal (&8) 3:00

[25 - 32] Rolling vine into ¼ R shuffle fwd, L rock fwd, shuffle ½ L

- 1 - 2** Turn $\frac{1}{4}$ R stepping down on R (1), turn $\frac{1}{2}$ R stepping back on L (2) 12:00
- 3&4** Turn $\frac{1}{4}$ R stepping R fwd (3), step L behind R (&), step R fwd (4) 3:00
- 5 - 6** Rock L fwd (5), recover back on R (6) 3:00
- 7&8** Turn $\frac{1}{4}$ L stepping L to L side (7), step R next to L (&), turn $\frac{1}{4}$ L stepping L fwd (8) 9:00

Start again

Ending Finish wall 8 (starts at 3:00), you're now facing 12:00 again. Stomp R fwd