

20 Seconds

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Marlon Ronkes (NL) & Romain Brasme (FR) - May 2026

Music: 20 Seconds - Ruben Hillen

Intro: 32 Counts, Start at approx 14 secs

SEC 1 Side Rock, ¼ Recover, Walk, Walk, Step, ½ Pivot, Hold, Clap, Clap

1-2 Rock right to right, turn ¼ left recover weight on to left (9:00)

3-4 Step right forward, step left forward

Restart Here on Wall 5

5-6 Step right forward, pivot ½ left keeping weight on right (3:00)

7&8 Hold, clap, clap

SEC 2 Back, Touch Forward, Back, Touch Forward, Heel Switches, Step, Brush

1-2 Step left back, touch right forward

3-4 Step right back, touch left forward

5&6& Touch left heel forward, step left beside right, touch right heel forward, step right beside left

7-8 Step left forward, brush right forward

Bridge Here on Wall 10

SEC 3 Full Walk Around, Cross Rock, Side Shuffle

1-2 Turn ¼ left step right forward, turn ¼ left step left forward (9:00)

3-4 Turn ¼ left step right forward, turn ¼ left step left forward (3:00)

5-6 Cross rock right over left, recover weight on to left

7&8 Step right to right, step left beside right, step right to right

SEC 4 Heel Swivels, Side Shuffle, Sailor Step, Sailor Step

&1&2 Twist right heel to left, twist right to center, twist left heel to right, twist left to center

3&4 Step left to left, step right beside left, step left to left

5&6 Step right behind left, step left to left, step right to right

7&8 Step left behind right, step right to right, step left to left

Bridge After 16 counts of Wall 10

Point & point & brush, step, step

1&2& Point right to right side, step right beside left, point left to left side, step left beside right

3&4 Brush right forward, step right beside left, step left beside right