

Lonely Girl

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Eric Dodge (USA) - May 2026

Music: Loneliest Girl - Kacey Musgraves

INTRO: 16 CTS

NO TAGS /NO RESTARTS

SECTION 1: KICK FRONT, SIDE, TRIPLE STEP

1,2, 3&4 Kick right foot to the front, kick to the right side, triple step R, L, R

5,6, 7&8 Kick left foot to the front, kick to the left side, triple step L, R, L (12:00)

SECTION 2: LINDY RIGHT, ROCK RECOVER; VINE LEFT ¼ TURN & BRUSH RIGHT

1&2, 3,4 Shuffle step RR to the right. Rock back on left, recover right

5&6, 7,8 Step left foot to the left, step right foot behind left, step left foot left as you make a ¼ turn over left shoulder, brush right foot forward (9:00)

SECTION 3: V-STEP, ½ TURN WITH BOUNCE

1-4 Step right foot forward at a diagonal, step left foot forward at a diagonal (to form "V") Step right foot back, step left foot beside right

5-8 Step right foot forward on ct. 5, ½ turn over left shoulder as you bounce for 3 counts (3:00)

SECTION 4: KICK BALL CHANGE (POINT) RIGHT AND LEFT; JAZZ BOX

1&2 Kick right foot forward, step back on ball of foot, point left foot to left side

3&4 Kick left foot forward, step back on ball of foot, point right foot to right side

5-8 Cross right foot over left, step left foot back, step right to the right, step left beside right (3:00)

END OF DANCE, BEGIN AGAIN

****DANCE ENDS WITH SECTION 4 FACING 9:00. DO FIRST 4 COUNTS, THEN JAZZ BOX WITH ¼ TURN RIGHT AND FACE 12:**

Step sheet creation by Darcy Kaiser additional help and input from Sandy Carty Hodges

Last Update: 15 May 2026

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=R4BTLST