

# Tush Push

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**Count:** 40      **Wall:** 4      **Level:** Improver

**Choreographer:** Jim Ferrazzano (USA)

**Music:** Chattahoochee - Alan Jackson

## alt. Music:

**Third Rock From The Sun by Neal McCoy**

**Six Days On The Road by Sawyer Brown**

## RIGHT HEEL TAPS

**1-4**      Touch right heel forward, touch right together, touch right heel forward, touch right heel forward

**&**      Step right together

## LEFT HEEL TAPS

**5-8**      Touch left heel forward, touch left together, touch left heel forward, touch left heel forward

**&**      Step left together

## RIGHT, LEFT, RIGHT HEEL TAPS AND CLAP

**9&**      Touch right heel forward, step right together

**10&**      Touch left heel forward, step left together

**11-12**      Touch right heel forward, clap

## BUMP HIPS RIGHT TWICE, BUMP HIPS LEFT TWICE, BUMP HIPS RIGHT AND LEFT TWICE

**13-14**      Rock right in place and bump hips right, bump hips right

**15-16**      Recover to left and bump hips left, bump hips left

**17-20**      Bump hips right, bump hips left, bump hips right, bump hips left (weight to left)

## RIGHT FORWARD CHA-CHA, LEFT BACKWARD CHA-CHA

**21&22**      Step right forward, step left together, step right forward

**23-24**      Rock left forward, recover to right

**25&26**      Step left back, step right together, step left back

**27-28**      Rock right back, recover to left

## **RIGHT FORWARD CHA-CHA AND ½ TURN RIGHT, LEFT FORWARD CHA-CHA AND ½ TURN LEFT**

**29&30** Step right forward, step left together, step right forward

**31-32** Step left forward, turn ½ right (weight to right)

**33&34** Step left forward, step right together, step left forward

**35-36** Step right forward, turn ½ left (weight to left)

## **RIGHT FORWARD, ¼ TURN LEFT, STOMP, AND CLAP.**

**37-38** Step right forward, turn ¼ left (weight to left)

**39-40** Stomp right together, clap

## **REPEAT**

### **OPTION 1:**

**1-4** Touch right heel forward 4 times

**&** Step right together

**5-8** Touch left heel forward 4 times

**&** Step left together

### **OPTION 2:**

**1** Touch right heel forward

**2** Touch right together

**3-4** Touch right heel forward, touch right heel forward

**&** Step right together

**5-8** Repeat 1-4 with left foot

### **OPTION 3:**

**1** Hop feet apart

**2** Hop and cross right over left

**3-4** Turn full turn to left

**5-8** Repeat 1-4, either in the same or opposite direction

### **OPTION 4: (8-BEAT SYNCOPATED STEPS, A.K.A. PRETZELS)**

**1** Cross right over left

- &2 Step left to side, touch right heel forward
- &3 Drop right toe, step left over right
- &4 Step right to side, touch left heel forward
- &5 Drop left toe, step right over left
- &6 Step left to side, touch right heel forward
- &7 Drop right toe, step left over right
- &8 Step right to side, touch left heel forward

#### **OPTION 5: (QUARTER TURN, HALF TURN)**

- 35-36 Step right forward, turn  $\frac{1}{4}$  left (weight to left)
- 37-38 Step right forward, turn  $\frac{1}{2}$  left (weight to left)

#### **OPTION 6: (ST. LOUIS STYLE, WHICH IS 44 COUNTS)**

- 37-40 Repeat 29-32
- 41-43 Step left to side, turn  $\frac{1}{4}$  right (weight to right)
- 43 Stomp left beside right
- 44 Clap

**2025**

**2 OCT**

**5**

**22 DEC '25**

**100**