

My Yesterday

LINEDANCE.COM

Count: 32

Wall: 2

Level: Beginner

Choreographer: Dee Musk (UK) - April 2026

32 count intro - Approx. 14 secs

Side, Together, Forward, Touch, Side, Together, Forward, Brush.

1-4 Step R to R side, step L beside R, step forward on R, touch L beside R.

5-8 Step L to L side, step R beside L, step forward on L, brush R forward. (12.00).

Rock Forward, Recover, Step Back, Hold, Run Back Left, Right, Left, Hold.

1-4 Rock forward on R, recover weight to L, step back on R, hold count 4.

5-8 Run back L, R, L, hold count 8. (12.00).

R during wall 4 - begin again facing 6.00.

Back, Together, Cross, Hold, Side Rock, Recover, Cross, Hold.

1-4 Step back on R, step L beside R, cross R over L, hold count 4.

5-8 Rock L to L side, recover weight to R, cross L over R, hold count 8. (12.00).

¼ Turn Left, Touch, ¼ Turn Left, Touch, Side, Touch, Side, Touch.

1,2 Make ¼ turn L stepping back on R, touch L beside R. (9.00).

3,4 Make ¼ turn L stepping forward on L, touch R beside L. (6.00).

5-8 Step R to R side, touch L beside R, step L to L side, touch R beside L. (6.00).

Enjoy and have fun!