

Ab Bottom Of Your Boots

LINEDANCE.COM

Count: 16

Wall: 1

Level: Absolute Beginner

Choreographer: Sher McIntosh (CAN) - April 2026

#16 COUNT 1 WALL + (4 OPTION) NO TAG NO RESTART

SECTION 1: R Step, Kick L across, L Step, Kick Right Across, R Step, Hitch L & slap with R hand, L Step, Hitch R & slap with L hand

1 - 4R Step, Kick L across R leg, L Step, Kick R across L leg

5 - 8R Step, Hitch L knee & slap with R hand, L Step, Hitch R knee And slap with L hand

SECTION 2: Basic to the R with a Flick, Vine to the Left with touch (option to turn for 4 wall dance)

1 - 4R to R side, L together, R to R side, Left flick behind R leg

5 - 8L side left, R behind left, L to side left, R touch (OR optional turn on count 7,8: L turn 1/4 left stepping on left foot(7), touch R at left instep(8))

Begin again

shermcintosh67@gmail.com