

# Astrids Ding Dong Song

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**Count:** 16

**Wall:** 4

**Level:** Absolute Beginner

**Choreographer:** Claudia Arndt (DE) - 10 May 2024

**Note :** The dance begins with the use of singing

**S1: Charleston steps, walk 2, run 3**

- 1-2** Swing the RF forward in a circle and tap the tip of your right foot in front RF swing backwards in a circle and step backwards with right
- 3-4** Swing LF backwards in a circle and tap the tip of your left foot at the back Swing LF forward in a circle and step forward with your left hand

**5-6 2steps forward (r - l)**

**7&8 2small steps forward and put RF on the left (r - l - r)**

**S2: Heels-toes-heels swivels r + l, ¾ paddle turn l, touch**

- 1&2** Turn both heels, toes and heels to the right again
- 3&4** Turn both heels, toes and heels to the left again
- 5-8** Tap 3x a 1/4 turn to the left and right toe to the right - tap RF next to LF (3 o'clock)

**Repetition to the end**

**Step description created by Get In Line ( Rainer )**