

Delete And Repeat

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Count: 48

Wall: 2

Level: High Intermediate

Choreographer: Shane McKeever (IRE), Niels Poulsen (DK), Roy Hadisubroto (IRE) & Fiona Hadisubroto (IRE) - March 2026

Music: DELETE - Jason Derulo

Intro: 16 counts from beginning of track. App. 12 secs. into track. Start with weight on L foot

Tag 1 + Tag 2: Described at bottom of sheet

Phrasing: 48, Tag 1, 48, Tag 2, 48, Tag 1, 48, 32 + Ending

[1 - 8] Kick $\frac{1}{4}$ point, $\frac{1}{4}$ L, $\frac{1}{2}$ L back R, L pony step, $\frac{1}{4}$ R step slide

- 1&2** Kick R fwd (1), turn $\frac{1}{4}$ R stepping R to R side (&), point L to L side (2) 3:00
- 3 - 4** Turn $\frac{1}{4}$ L stepping down on L (3), turn $\frac{1}{2}$ L stepping back on R (4) 6:00
- 5&6** Step back on L hitching R knee (5), step down on R (&), step back on L hitching R knee (6) 6:00
- 7 - 8** Turn $\frac{1}{4}$ R stepping R a big step to R side (7), slide L towards R (8) 9:00

[9 - 16] Ball cross, $\frac{1}{4}$ L fwd L, $\frac{1}{2}$ L X 2, fwd R, swivel heels, $\frac{1}{4}$ R side step, L knee pop in

- &1 - 2** Step L next to R (&), cross R over L (1), turn $\frac{1}{4}$ L stepping L fwd (2) 6:00
- 3 - 4** Turn $\frac{1}{2}$ L stepping back on R starting to sweep L to L side (1), turn $\frac{1}{2}$ L stepping L fwd (4) 6:00
- 5&6** Place R foot fwd (5), swivel both heels out to R side (&), swivels heels back to centre transferring weight to L (6) 6:00
- 7 - 8** Turn $\frac{1}{4}$ R stepping R to R side (7), pop L knee in to R knee (8) 9:00

[17 - 24] Sweep $\frac{3}{8}$ L, R samba step, walk LR, $\frac{1}{4}$ L kick, cross over

- 1 - 2** Turn $\frac{1}{4}$ L stepping onto L starting to sweep R fwd (1), continue turning $\frac{1}{8}$ L sweeping R fwd (2) 4:30
- 3&4** Cross R over L (3), rock L to L side (&), recover on R (4) 4:30
- 5 - 6** Walk L fwd (5), walk R fwd (6) 4:30
- 7 - 8** Turn $\frac{1}{4}$ L onto L kicking R foot with L so R leg swings out to R side (7), cross R over L (8) 1.30

[25 - 32] Side L, Hold, ball side, 7/8 box turn R, together with L, knee pop

- 1 - 2 Step L to L side (1), Hold (2) 1:30
- &3 - 4 Step R next to L (&), step L to L side (3), turn 3/8 R stepping R to R side (4) 6:00
- 5 - 6 Turn 1/4 R stepping L to L side (5), turn 1/4 R stepping R to R side (6) 12:00
- 7&8 Step L next to R (7), pop knees fwd and back (&8) ... (weight should be on L) 12:00

[33 - 40] Back R, touch, 1/4 side L, touch, point R, slide together, point L, slide together

- 1 - 2 Step R back to R diagonal (1), touch L next to R (2) 12:00
- 3 - 4 Turn 1/4 L stepping L to L side (3), touch R next to L (4) 9:00
- 5 - 6 Point R fwd (5), slide R next to L changing weight to R popping L knee fwd (6) 9:00
- 7 - 8 Point L fwd (7), slide L next to R changing weight to L popping R knee fwd (8) 9:00

[41 - 48] Slow sway R, sway LR, cross, hitch R 1/4 L, walk RL

- 1 - 4 Slowly sway body to R side (1-2), sway body L (3), sway body R (4) ... Option: side body rolls to R, L&R 9:00
- 5 - 6 Cross L over R (5), hitch R knee turning 1/4 L on L (6) 6:00
- 7 - 8 Walk R fwd (7), walk L fwd (8) 6:00

Start again

Tag 1 Comes twice, after walls 1 and 3, facing 6:00

1 - 42 prissy walks R&L, press R fwd, full turn R

- 1 - 4 Walk R to L diagonal (1), drag L next to R squaring up to 6:00 (2), walk L to R diagonal (3), drag R next to L squaring up to 6:00 (4) 6:00
- 5 - 6 Press R fwd (5), recover back on L (6) 6:00
- 7 - 8 Turn 1/2 R stepping R fwd (7), turn 1/2 R stepping back on L (8) 6:00

Tag 2 Comes once, after wall 2, facing 12:00

1 - 42 prissy walks R&L, back RL together with hand moves, body roll from down and up

- 1 - 4 Walk R to L diagonal (1), drag L next to R (2), walk L to R diagonal (3), drag R next to L (4) 12:00

- 5&6&** Step back on R bringing R hand fwd with palm open to L side (5), close R hand from pinky to thumb (&), step L next to R bringing L hand fwd with palm open to R side (6), close L hand from pinky to thumb (&) 12:00
- 7 - 8** Bend in knees (7), roll body from knees and up through head raising arms to shoulder height flick hands open palms forward (8) 12:00

Ending

Finish dance (count 32) facing 12:00. Do the following:

**Bring L hand up to head height with palm facing in (1), point R index finger at the palm of L hand (2), move your index finger around clockwise in the palm of L hand (3-4-5)
12:00**

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