

Best Foot Forward

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Count: 64 **Wall:** 4 **Level:** Improver

Choreographer: Vikki Morris (UK) - March 2026

Free download available Tan_g10@hotmail.co.uk

Start: 64 counts on the word 'Late'

S1: R Heel Strut, ¼ L Heel Strut, R Kick, R Hitch, Back R, HOLD

- 1 2 Dig Right heel forward, Slap toes down
- 3 4 Turn ¼ Left as you dig Left heel forward, Slap toes down 9.00
- 5 6 Low kick forward Right, Hitch Right
- 7 8 Step back Right, HOLD

S2: Walk Back L, R (with holds), L Coaster Cross, HOLD

- 1 2 Walk back Left, HOLD
- 3 4 Walk back Right, HOLD
- 5 6 Step back on Left, Step Right next to Left
- 7 8 Cross Left over Right, HOLD

S3: R Extended Vine, R Side, HOLD, Rock Back L, Recover R

- 1 2 Step Right to Right side, Cross Left behind Right
- 3 4 Step Right to Right side, Cross Left over Right
- 5 6 Large step to Right side, HOLD
- 7 8 Rock back Left, Recover on Right

S4: L Extended Vine, ¼ L, HOLD, Pivot ½ L

- 1 2 Step Left to Left side, Cross Right behind Left
- 3 4 Step Left to Left side, Cross Right over Left
- 5 6 Turn ¼ Left, HOLD 6.00
- 7 8 Step forward Right, Pivot ½ Left 12.00

S5: R Rumba Box

- 1 2 Step Right to Right side, Close Left next to Right

- 3 4 Step Right forward, HOLD
- 5 6 Step Left to Left side, Close Right next to Left
- 7 8 Step back Left, HOLD

S6: R Lock Back, Kick L, L Coaster, Scuff R

- 1 2 Step back Right, Lock Left over Right
- 3 4 Step back Right, Low Kick Left forward
- 5 6 Step back on Left, Step Right next to Left
- 7 8 Step forward Left, Scuff Right

S7: R Lock Fwd, Scuff L, Mambo ¼ L, Sweep R

- 1 2 Step forward Right, Lock Left behind Right
- 3 4 Step forward Right, Scuff Left
- 5 6 Rock forward Left, Recover Right
- 7 8 Turn ¼ Left stepping Left to Left side, Sweep Right out and around 9.00

S8: Slow R Jazz Box (with stomp), HOLD

- 1 2 Cross Right over Left, HOLD
- 3 4 Step back on Left, HOLD
- 5 6 Step Right to Right side, HOLD
- 7 8 Stomp Left next to Right, HOLD

No Tags or Restarts ☐☐

Music & Lyrics by Kel Britton