

# Florida On My Mind

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**Count:** 48      **Wall:** 4      **Level:** Improver

**Choreographer:** Rob Williams (USA) - March 2026

**INTRO: 16 counts (1/2 count before lyrics begin).**

**One tag and one restart.**

**Sec 1: DIAGONAL BACK, TOUCH, SHUFFLE FWD x 2, ROCK FWD, RECOVER**

- 1-2**      Step R to rear diagonal opening body to 1:30, Touch L toe next to R instep
- 3& 4**      Return body to face 12:00 Stepping L fwd, Touch R next to L, Step L fwd
- 5& 6**      Step R fwd, Step L next to R, Step R fwd
- 7-8**      Rock L fwd, Recover on R

**Sec 2: ½ L TURNING SHUFFLE, MAMBO CROSS x 2, FWD, ½ L PIVOT TURN**

**1& 2¼ L Stepping L to left (9:00), Step R next to L, ¼ L stepping L fwd (6:00)**

- 3& 4**      Rock R to right, Recover on L, Step/cross R over L
- 5& 6**      Rock L to left, Recover on R, Step/cross L over R
- 7-8**      Step R fwd, ½ L pivot turn stepping onto LF (12:00)

**Sec 3: SIDE, BEHIND, SWEEPING SAILOR STEP, CROSS ROCK, RECOVER, ¼ L TURNING SHUFFLE**

- 1-2**      Step R to right and slightly fwd, Step L behind R
- 3& 4**      Sweep R around to cross/step R behind L, Step L to left, Step R to right
- 5-6**      Rock L across R facing body toward R diagonal (1:30), Recover on R
- 7& 8**      Square body back to 12:00 stepping L to left, Step R next to L, ¼ L Stepping L fwd (9:00)

**Sec 4: MODIFIED REVERSE R RUMBA BOX WITH SHUFFLE STEPS**

- 1-2**      Step R to right, Step L next to R
- 3& 4**      Step R back, Step L next to R, Step R back
- 5-6**      Step L to left, Step R next to L
- 7& 8**      Step L fwd, Step R next to L, Step L fwd

**Sec 5: MODIFIED K STEP WITH TOUCH ACROSS AND DIAGONAL SHUFFLE**

**1-4** Step R fwd to R diagonal, Touch L next to R, Step L back to L diagonal, Touch R next to L

**\*RESTART here on Wall 5\***

**5-6** Step R back to R diagonal, Touch L toe across R

**7& 8** Step L fwd to L diagonal, Step R next to L, Step L fwd to L diagonal

**Sec 6: HEEL SWITCHES R & L, CROSS/STEP BEHIND, ½ R UNWIND, FWD PRESSES L & R**

**1&, 2&** Touch R heel Fwd, Step R together, Touch L heel fwd, Step L together

**3- 4** Step/cross R behind L, Unwind ½ turn right on balls of feet keeping weight on RF (3:00)

**5, 6&** Press LF fwd (5), Recover weight onto R (6), Step L next to R (&)

**7- 8** Press RF fwd (7); Recover weight onto L (8)

**[REPEAT SECTIONS 1-6]**

**TAG**

**There is an 8-count tag at the end of Wall 2 facing 6:00. Continue with Wall 3 facing 6:00.**

**Tag: SIDE, TOGETHER, L MAMBO, SIDE, TOGETHER, R MAMBO**

**1-2** Step R to right, Touch L next to R

**3& 4** Rock L to left, Recover on R, Touch L next to R

**5-6** Step L to left, Touch R next to L

**7& 8** Rock R to right, Recover on L, Touch R next to L

**RESTART**

**Wall 5: Start at 12:00. Dance 36 counts (half of K step in Sec 5) and restart facing 9:00.**

**Hope you have fun!**