

# Irish Arabella

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**Count:** 48

**Wall:** 2

**Level:** High Improver

**Choreographer:** Colin Ghys (BEL), José Miguel Belloque Vane (NL) & Mike Liadouze (FR) - November 2025

**Introduction: 16 + 32 + 10 counts**

**[1-8] ROCK & STOMP SIDE, BEHIND SIDE CROSS, ROCK SIDE, BEHIND SIDE FORWARD**

- 1-2 Rock & Stomp RF side, Recover on LF side
- 3&4 Cross RF behind LF, Step LF side, Cross RF over LF
- 5-6 Rock LF side, Recover on RF side
- 7&8 Cross LF behind RF, Step RF side, Step LF forward

**[9-16] STEP FORWARD, KICK BALL STEP, STEP FORWARD, STEP ¼ TURN, CROSS TOE STRUT**

- 1 Step RF forward
- 2&3 Kick LF forward, Step LF together, Step RF forward
- 4 Step LF forward
- 5-6 Step RF forward, ¼ turn L... Step LF side (9:00)
- 7-8 Touch R toe crossed over LF, Lower R heel transferring weight on RF

**[17-24] SHUFFLE SIDE, CROSS SHUFFLE, WALK AROUND IN ¾ CIRCLE, HITCH**

- 1&2 Step LF side, Step RF together, Step LF side
- 3&4 Cross RF over LF, Step LF side, Cross RF over LF
- 5-6¼ turn L... Step LF forward, ¼ turn L... Step RF forward (3:00)
- 7-8¼ turn L... Step LF forward, Hitch R knee (12:00)

**[25-32] CROSS, SIDE, SAILOR HEEL, CROSS, ¼ STEP BACK, ¼ BIG STEP SIDE & DRAG**

- 1-2 Cross RF over LF, Step LF side
- 3&4& Cross RF behind LF, Step LF side, Touch R heel diagonally forward, Step RF together
- 5-6 Cross LF over RF, ¼ turn L... Step RF back (9:00)
- 7-8¼ turn L... Big step LF side, Drag RF toward LF (6:00)

**Styling : during counts 33 to 48 add hands on hips**

**[33-40] TOE & HEEL & TOE & HEEL & STEP ½ TURN, BRUSH HITCH CROSS**

- 1&2&** Touch R toe behind LF, Step RF in place, Touch L heel forward, Step LF in place  
**3&4&** Touch R toe behind LF, Step RF in place, Touch L heel forward, Step LF in place  
**5-6** Step RF forward, ½ turn L... Step LF forward (12:00)  
**7&8** Brush RF together, Hitch R knee, Cross RF over LF

**[41-48] TOE & HEEL & TOE & HEEL & STEP ½ TURN, BRUSH HITCH CROSS**

- 1&2&** Touch L toe behind RF, Step LF in place, Touch R heel forward, Step RF in place  
**3&4&** Touch L toe behind RF, Step LF in place, Touch R heel forward, Step RF in place  
**5-6** Step LF forward, ½ turn R... Step RF forward (6:00)  
**7&8** Brush LF together, Hitch L knee, Cross LF over RF

**TAG after 32 counts on WALL 2 & WALL 4 (12:00)**

**[1-8] JAZZ BOX, SIDE, TOUCH, SIDE, TOUCH**

- 1-2** Cross RF over LF, Step LF back  
**3-4** Step RF side, Cross LF over RF  
**5-6** Step RF side, Touch L toe together  
**7-8** Step LF side, Touch R toe together

**ENDING: after 46 counts WALL 5 replace BRUSH HITCH CROSS by STEP ½ TURN R to face (12:00) & step LF forward raise both hands in the air**

**HAVE FUN !!! ☐☐**

**Last Update: 1 Nov 2025**

**2025**

**9 NOV**

**6**

**18 NOV '25**

**50**

