

# Giddy Up Get Down

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Simon Ward (AUS) & Maddison Glover (AUS) - September 2025

**Music:** Giddy Up - Twinnie : (Album: Giddy Up)

**Notes: Tag at the end of wall 2 (facing front wall), Restarts on walls 3 & 5 (facing back wall)**

**Dance starts on vocals after the crack of the whip on the word "Once".**

**Ending: You will be facing 6:00. Dance up to count 36 (after left samba whisk) then step right to right side, looking over right shoulder to 12:00 with right hand on right buttock cheek.**

**[1-8] Full turn R, Chasse R, Cross/rock L, Recover R, ¾ turn L**

- 1-2** Step right to right side turning ¼ turn right 3.00, Step left back turning ½ turn right 9.00
- 3&4** Make a further ¼ turn right stepping right to right side, Step left beside right, Step right to right side 12.00
- 5-6** Cross/rock left over right, Recover weight back on right 12.00
- 7-8** Step left to left side turning ¼ turn left 9.00, Step right back turning ½ turn left 3.00

**[9-16] Shuffle back L, Shuffle back R, L coaster/cross, R side, L touch, L side, R touch**

- 1&2** Step left back at left, Cross/step back right over left, Step left back at left 3.00 (small steps)
- 3&4** Step right back at right, Cross/step back left over right, Step right back at right 3.00 (small steps)

**(open your shoulders back on the above shuffles for styling)**

- 5&6** Step left back, Step right beside left, Cross/step left over right 3.00
- &7&8** Step right to right side, Touch left beside right, Step left to left side, Touch right beside left 3.00

**[17-24] R side, Hold & drag L, L behind, R side, Cross/step L, R side, L recover, Cross/step R, ¼ R**

- 1-2** Large step right to right side, Hold whilst dragging left heel towards right 3.00
- &3-4** Step left behind right, Step right to right side, Cross/step left over right 3.00

5-6 Rock/step right to right side, Recover weight onto left 3.00

7-8 Cross/step right over left, Step left to left side turning  $\frac{1}{4}$  turn right 6.00

**[25-32] R back, Hold & drag L, L ball change, Step L forward, Heel switches, Cross/step L**

1-2 Large step back on right, Hold whilst dragging left heel back 6.00

&3-4 Step ball of left back, Recover weight onto right, Step left forward 6.00

5&6& Touch right heel forward, Step right beside left, Touch left heel forward, Step left beside right 6.00

7&8 Touch right heel forward, Step right beside left, Cross/step left over right 6.00

**\*\*Restart here on Walls 3 & 5 facing back wall**

**[33-40] R samba whisk, L samba whisk, Walk around  $\frac{3}{4}$  R with R cross chasse**

1&2 Step right to right side, Rock/step ball of left behind right, Recover weight onto right 6.00 (Samba style)

3&4 Step left to left side, Rock/step ball of right behind left, Recover weight onto left 6.00 (Samba style)

5-6 Step right to right turning  $\frac{1}{4}$  turn right, Step left forward turning  $\frac{1}{8}$  turn right 10.30 (walk around)

7&8 Turn a further  $\frac{3}{8}$  turn right cross/stepping right over left, Step left to left side, Cross/step right over left 3.00

**[41-48] L samba whisk, R samba whisk, L fwd at diagonal,  $\frac{1}{2}$  L, L coaster step**

1&2 Step left to left side, Rock/step ball of right behind left, Recover weight onto left 3.00 (Samba style)

3&4 Step right to right side, Rock/step ball of left behind right, Recover weight onto right 3.00 (Samba style)

5-6 Turn  $\frac{1}{8}$  L stepping left forward 1.30, Step right back turning  $\frac{1}{2}$  turn left 7.30

7&8 Step left back, Step right beside left, Step left forward 7.30

**[49-56] R Botafogo traveling fwd, L Botafogo traveling fwd, R jazz-box turning  $\frac{1}{4}$  R**

1&2 Travelling forward - Cross/step right over left, Rock/step left to left, Recover weight onto right 7.30 (Samba style)

- 3&4** Travelling forward - Cross/step left over right, Rock/step right to right, Recover weight onto left 7.30 (Samba style)
- 5-6** Cross/step right over left, Step left back turning  $\frac{1}{4}$  turn right 10.30
- 7-8** Step right to right side, Step left forward 10.30

**[57-64] Samba fallaway diamond  $\frac{1}{2}$  turn R, V step with arms turning  $\frac{1}{8}$  R, Cross/step L**

- 1&2&** Cross/step right over left, Step left slightly to left turning  $\frac{1}{4}$  turn right, Step right back 1.30
- 3&4&** Step left behind right, Step right to right side turning  $\frac{1}{4}$  turn right, Step left forward 4.30
- 5** Step right forward to right diagonal (arm option: swinging right arm out)
- 6** Step left forward to left diagonal (arm option: swinging left arm out) 4.30
- 7** Step right back turning  $\frac{1}{8}$  turn right to 6.00 (arm option: placing right hand across upper-body)
- 8** Cross/step left over right (arm option: placing left hand across right) 6.00

**RESTART**

**Tag: At the end of Wall 2 (facing front wall) -**

- 1-4** Step right to right side(1), Touch left beside right (2), Step left to left side(3), Touch right beside left and clap twice (&4)

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**2025**

**7 NOV**

**2**

**24 NOV '25**

**100**