

# This Is My Vow

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**Count:** 32

**Wall:** 2

**Level:** Easy Advanced

**Choreographer:** Marlon Ronkes (NL) & Romain Brasme (FR) - March 2026

**Intro: 16 Counts, Start at approx 19 secs**

**SEC 1 Full Pique Turn, Step Full Spiral, Run X3, ½ Step Sweep, Run X3, 1½ Rolling Turn**

- 1 Step right forward full turn right hitching left knee (1:30)
- 2 Step left forward full spiral turn right hooking right over left (1:30)

**Option: 1-2 Step right forward, step left forward**

- 3&4 Step right forward, step left forward, step right forward
- 5 Turn ½ left step left forward sweeping right from back to front (7:30)
- 6&7 Step right forward, step left forward, step right forward
- 8&1 Turn ½ left step left forward, turn ⅛ left step right to right, turn ½ left step left to left (6:00)

**SEC 2 Recover, Behind, Side Rock, ¼ Recover, ¼ Side, Arms**

- 2& Recover weight on to right, step left behind right
- 3-4& Rock right to right, turn ¼ right recover weight on to left, turn ¼ right step right to right (12:00)
- 5 Place right hand down in front of right leg palm down
- & Place left hand down in front of left leg palm down
- 6 Raise both arms up
- 7-8 Lower both arms over 2 counts

**SEC 3 Side Hitch, Sway, Sway, ¾ Step, Lift, Back, ¼ Side, Cross Sweep, Cross, ¼ Back, ⅜ Step Lift, Together Lift, Hitch**

- 1-2& Step left to left hitching right knee, step right to right swaying body right, sway body left
- 3 Turn ¼ right step right forward, turn ½ right lifting left back (9:00)
- 4&5 Step left back, turn ¼ right step right to right
- 5 Cross left over right sweeping right from back to front (12:00)
- 6& Cross right over left, turn ¼ right step left back
- 7 Turn ⅜ right step right forward lifting left forward (7:30)

8& Step left beside right lifting right back, hitch right

**SEC 4 1/8 Nightclub Basic, Side Lunge, Full Rolling Turn, Side, Cross, Side, 1/8 Back Rock**

1-2& Turn 1/8 left step right to right, step left beside right, cross right over left (6:00)

3 Lunge left to left

4&5 Turn 1/4 right step right forward, turn 1/2 right step left back, turn 1/4 right step right to right (6:00)

6&7 Step left to left, cross right over left, step left to left

8& Turn 1/8 right rock right back, recover weight on to left (7:30)

**Tag At the end of Walls 1 and 3**

**SEC 1 1/8 Side, Arms movements**

**1&a2 Turn 1/8 left step right to right, transfer weight onto left (6:00)**

**Arms: Raise right arm up (&), raise left arm up (a), cross arms over body turning body to left (2)**

**Note: Turn 1/8 right to restart stepping right forward**

**Tag At the end of Wall 5**

**SEC 1 Side, Hold, 1/2 Point, 1/2 Point, Cross, Full Unwind, Side, Arms movements**

1-2 Step right to right, hold

3-4 Turn 1/2 right point left to left, turn 1/2 right point left to left (6:00)

**5&a6& Cross left over right (5), full unwind turn right (&), step right to right, transfer weight onto left + arms movements (a6&) (6:00)**

**Arms: Raise right arm up (a), raise left arm up (6), cross arms over body turning body to left (&)**

**Note: Turn 1/8 right to restart stepping right forward**

**Last Update: 26 Mar 2026**

**29 APR '26**

**50**