

Slide Into Yesterday

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Count: 32

Wall: 4

Level: High Improver

Choreographer: Mark Paulino (USA) & Michelle Wright (USA) - 31 January 2023

Music: - Madeline Merlo

Starts: 16 counts

[1 - 8] STEP BACK AND DRAG, BACK ROCK RECOVER, STEP FORWARD, RAISED SWEEPING HITCH, CROSS OVER, SIDE STEP

- 1 2** Step L back with R dragging back towards L 12:00
- 3 4** Rock R back, recover ahead onto L
- 5 6** Step R forward in a lowered position (knee slightly bent), hitch forward with the L as your rise up having your weight shift on the ball of the R
- 7 8** Cross L over R (1:30), R side step (12:00)

[9 - 16] BACK CROSS ROCK RECOVER, ¼ TURN PIVOT, BOX STEP ⅜ TURN WITH A STEP FORWARD

- 1 2L cross rock behind R (10:30), recover onto R 10:30**
- 3 4** Step forward with the L while ¼ turn pivot R, recover onto R 1:30
- 5 6L cross over R, ⅜ turn L with R stepping back 9:00**
- 7 8L side step, R stepping forward**
- L**

[17 - 24] SIDE STEP DRAG/TOGETHER X2, WEAVE

- 1 2L side step as you drag R towards L, step R besides L**
- 3 4L side step as you drag R towards L, step R besides L**
- 5 6L cross over R, R side step**
- 7 8L cross behind R, R side step**

[25 - 32] CROSS ROCK/RECOVER, SIDE ROCK/RECOVER, STEP FORWARD ¼ PIVOT TURN,

¼ TURN PIVOT, PRESS FORWARD

1 2L cross rock over R, recover onto R

3 4L side rock, recover onto R

5 6 Step L forward with a ¼ pivot turn R, recover onto R 12:00

7 8¼ pivot L weight shifting from R to L, R presses forward with the R ball of the feet 9:00

Restart: 16 count restart on the 10th wall facing 9:00, ending facing 6:00

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