

Love Yourself

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Count: 32

Wall: 2

Level: Intermediate

Choreographer: Ria Vos (NL) - January 2023

Music: - Katarina Mihaljević & Sarah Connor

Intro: 4 Counts

Side, Behind, Side, Cross Rock, Full Turn L, Jazz Box $\frac{1}{4}$ R Hitch $\frac{1}{8}$ R, Step, Brush/Tap

1-2& Step R to R Side, Step L Behind R, Step R to R Side

3& Cross Rock L Over R, Recover on R

4&5 $\frac{1}{4}$ Turn L Step Fwd on L, $\frac{1}{2}$ Turn L Step Back on L, $\frac{1}{4}$ Turn L Step L to L Side (12:00)

6& Cross R Over L, $\frac{1}{4}$ Turn R Step Back on L (3:00)

7 Step R to R Side Hitching L (figure 4) into $\frac{1}{8}$ Turn R (4:30)

8& Step Fwd, Brush or Tap R Next to L

Rock Fwd & Rock Fwd & $\frac{3}{8}$ L Step Fwd, Step Full Spiral R, Step Fwd, Step Tap

1-2& Rock Fwd on R, Recover on L, Step R Next to L

3-4& Rock Fwd on L, Recover on R, $\frac{3}{8}$ Turn L Step Fwd on L (12:00)

5 Step Fwd on R

6-7 Step Fwd on L making a Full Spiral Turn R, Step Fwd on R (12:00)

8& Step Fwd on L, Tap R Toe Behind L Heel ***Restart Point

Back w/Sweep, Behind, $\frac{1}{4}$ R, $\frac{1}{2}$ R Step Back w/Sweep, Behind, Side, Prissy Walks x3, Rock Fwd, $\frac{1}{2}$ L w/Sweep

1-2& Step Back on R Sweeping L Around, Step L Behind R, $\frac{1}{4}$ Turn R Step Fwd on R (3:00)

3-4& $\frac{1}{2}$ Turn R Step Back on L Sweeping R, Step R Behind L, Step L to L Side (9:00)

5-6-7 Make 3 Prissy Walks Fwd Stepping R-L-R

8&1 Rock Fwd on L, Recover on R, $\frac{1}{2}$ Turn L Step Fwd on L Sweeping R Around (3:00)

Diamond $\frac{1}{4}$ Turn R, Cross, Unwind Full Turn R, Slide L, Rock Back

2&3 Cross R Over L, Step L to L Side, $\frac{1}{8}$ Turn R Step Back on R (4:30)

4&5 Step Back on L, $\frac{1}{8}$ R Step R to R Side, Cross L Over R (6:00)

6-7 Unwind Full Turn R (weight ends on R), Slide/Step L Long Step to L Side

8& Rock Back on R, Recover on L

Restart: After 16& counts on wall 2 (6:00)

Tag: After wall 3, 5 & 7 (12:00) (This happens everytime you face the front)

Side, Touch, Side, Cross Back Side, Step Pivot ½ R, ½ R Step Back, Rock Back

1&2 Step R to R Side, Touch L Next to R, Step L to L Side

3&4 Cross R Over L, Step Back on L, Step R to R Side

5-6 Step Fwd on L, Pivot ½ Turn R

7-8&½ Turn R Step Back on L (sweeping R), Rock Back on R, Recover on L

Note: 1st time dancing the Tag (After wall 3) add 4 counts:

Basic R, Basic L

9-10& Step R to R Side, Step L Behind R, Cross R Over L

11-12& Step L to L Side, Step R Behind L, Cross L Over R