

Up In The Giddy Up

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Count: 48

Wall: 2

Level: Improver

Choreographer: Darren Tubridy (UK) & David Sinfield (UK) - January 2023

Music: - Shania Twain

Intro: 8 Counts, Start at approx.. 5 secs

SEC 1: Side Rock Cross, Side Rock Cross, Toe, Heel, Stomp, Toe, Heel, Stomp

- 1&2** Rock left to left, recover weight onto right, cross left over right
- 3&4** Rock right to right, recover weight onto left, cross right over left
- 5&6** Touch left beside right, touch left heel forward, stomp left forward
- 7&8** Touch right beside left, touch right heel forward, stomp right forward

Restart 2 - Here on Wall 5

SEC 2: Cross, Back, $\frac{1}{4}$ Side, Cross, Back, $\frac{1}{4}$ Side, Point Switches, Touch Back $\frac{1}{2}$ Heel Bounce Turn

- 1&2** Cross left over right, step right back, turn $\frac{1}{4}$ left step left to left (9:00)
- 3&4** Cross right over left, step left back, turn $\frac{1}{4}$ right step right to right (12:00)
- 5&6&** Point left to left, step left beside right, point right to right, step right beside left
- 7&8** Touch left back, turn $\frac{1}{4}$ left bounce heels, turn $\frac{1}{4}$ left bounce heels (6:00)

SEC 3: Side, Slide, Ball Cross, Side, Slide, Ball Cross

- 1-2-3** Step left to left, slide right towards left over 2 counts
- &4** Step right beside left, cross left over right
- 5-6-7** Step right to right, slide left towards right over 2 counts
- &8** Step left beside right, cross right over left

Restart 1 - Here on Wall 2

SEC 4: $\frac{1}{4}$ Shuffle, Step, $\frac{1}{2}$ Pivot, $\frac{1}{2}$ Back Shuffle, Coaster Step

- 1&2** Turn $\frac{1}{4}$ left step left forward, step right beside left, step left forward (3:00)
- 3-4** Step right forward, pivot $\frac{1}{2}$ left transferring weight onto left (9:00)
- 5&6** Turn $\frac{1}{4}$ left step right to right, step left beside right, turn $\frac{1}{4}$ left step right back (3:00)

7&8 Step left back, step right beside left, step left forward

SEC 5: Heel Grind, Heel Grind, ½ Heel Grind, Ball Step, Stomp, Stomp

1-2& Touch right heel forward, grind right heel step left back, step right beside left

3-4& Touch left heel forward, grind left heel step right back, step left beside right

5-6& Touch right heel forward, grind right heel turn ½ right step left back, step right beside left (9:00)

7&8 Step left forward, stomp right to right diagonal, stomp right to right diagonal

SEC 6: Cross Rock, ¼ Shuffle, Rock, Coaster Step

1-2 Cross rock left over right, recover weight onto right

3&4 Turn ¼ left step left forward, step right beside left, step left forward (6:00)

5-6 Rock right forward, recover weight onto left

7&8 Step right back, step left beside right, step right forward

Last Update - 13 Jan. 2023