

# Old Time Rock & Roll

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**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Sherry Olkonen (USA) - September 2022

**Music:** - Bob Seger

## **S1 Heel Grind right, coaster, heel grind 1/4 turn left, coaster**

**1-2(1) Rock forward on right heel (2) arc toe left to right, weight back onto left.**

**3&4(3) Step right back (&) step left next to right (4) step right forward**

**5-6(5) Rock forward on left heel (6) arc toe right to left while turning 1/4 left stepping back on right**

**7&8(7) Step left back (&) step right next to left (8) step left forward**

## **S2 Shuffle, shuffle, rock, recover, 2 count full turn to back**

**1&2(1) Step right forward (&) step left next to right (2) step right forward**

**3&4(3) Step left forward (&) step right next to left (4) step left forward**

**5-6(5) Step right forward, (6) weight back to left**

**7-8(7) Turn 1/2 right stepping forward on right (8) turn 1/2 right stepping back on left**

## **S3 Coaster, kick ball change, rock side, recover, cross shuffle**

**1&2(1) Step right back (&) step left next to right (2) step right forward**

**3&4(3) Kick left forward (&) step left beside right (4) step onto right in place**

**5-6(5) Step left to side (6) weight back to right**

**7&8(7) Cross left over right. (&) step right to right side (8) cross left over right**

## **S4 Rock side, recover, cross shuffle, step side, touch back, 1/2 turn right, step forward**

**1-2(1) Step right to side (2) weight back to left**

**3&4(3) Cross right over left (&) step left to left side (4) cross right over left**

**5-6(5) Step left to side (6) touch right back**

**7-8(7) Turn 1/2 to right ending with weight on right (8) step left forward**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=167061](https://www.linedance.com/index.php?f=dance_view&id=167061)