

# Running in Circles

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Valerie Zook (USA) - August 2022

**Music:** - Post Malone : (Apple music)

**Intro: 32 counts from start of song / Dance 4X ending on 12:00 Wall / Main Dance follows**

**[Intro] Cross Point, Cross Point, Kick Ball Change, ¼ Turn**

- 1-2            Cross R over L, Point L to left side
- 3-4            Cross L over R, Point R to right side
- 5&6           Kick R, Recover on R, Step L forward
- 7-8            Step R fwd, ¼ Turn L with hip roll (9:00)

**[Main Dance]**

**[1-8] Walk, Walk, Side Mambo Step, Rock, Recover, Sailor ¼ Turn**

- 1-2            Walk fwd Right, Left
- 3&4            Rock R to right side, Recover on L, cross R over L
- 5-6            Rock L to left side, Recover on R
- 7&8            Sweep L behind R with ¼ Turn L, Step R to right side, Step L fwd (9:00)

**[9-16] Step, ¼ Turn, Step, ¼ Turn, Rock, Recover, Coaster Step**

- 1-2            Step R fwd, ¼ Turn L with hip roll (6:00)
- 3-4            Step R fwd, ¼ Turn L with hip roll (3:00)
- 5-6            Rock fwd on R, Recover on L
- 7&8            Step back on R, Step L together, Step fwd on R (3:00)

**[17-24] Heel Jack 2X, Rock, Recover, Back, Heel, Together, Touch**

- 1&2&           Cross L over R, Step R back to right diag, Touch L heel fwd to left diag, Step L together
- 3&4&           Cross R over L, Step L back to left diag, Touch R heel fwd to right diag, Step R together
- 5-6&           Rock L fwd, Recover on R, Step back on L
- 7&8            Touch R heel fwd, Step R together, touch L foot next to R (3:00)

**[25-32] Side Shuffle, ¼ Turn, Side Shuffle, Rock, Recover, ¼ Turn, Side Step, Sway, Sway**

- 1&2&** Step L to left side, Step R together, Step L to left side, ¼ Turn L
- 3&4** Step R to right side, Step L together, Step R to right side (12:00)
- 5&6** Rock L fwd, Recover on R, Pivot ¼ Turn L w/L Step to left side (9:00)
- 7-8** Hip sway R, Hip sway L (9:00)

**Begin again Steps 1-32 / No tags or restarts**

**At end of song on the 3:00 wall, Pivot ¼ Turn L w/R-Step side and Pose**

**This step sheet may be freely copied intact; however, modifications to this step sheet may not be made without the permission of the choreographer.**