

# Big Energy

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Scott Blevins (USA) & Tim Johnson (UK) - September 2022

**Music:** - Latto & Mariah Carey : (Clean version)

**\*Restart after count 16 occurring on rotation 7**

**#32 count intro**

**[1-8] WALK, WALK, ¼ BALL CROSS, ¼ FORWARD, ¼ DRAG, BALL CROSS & CROSS**

**1-21) Step R forward; 2) Step L forward**

**&3-4(&) Turn ¼ left stepping ball of R slightly back [9:00]; 3) Step L across R; 4) Turn ¼ right stepping R forward [12:00]**

**5-65) Turn ¼ right taking big step L to left [3:00]; 6) Drag R toward L**

**&7&8(&) Step ball of R slightly back; 7) Step L across R; &) Step ball of R to right; 8) Step L across R**

**[9-16] POINT, ½ CLOSE, SIDE ROCK, RECOVER, CROSS, ¼ HIP CIRCLE, BUMP, COASTER**

**1-21) Point R to right; 2) Turn ½ right on the spot stepping R beside L [9:00]**

**3&43) Rock L to left; &) Recover to R; 4) Step L across R**

**5-65) Step R to right circling hips anti-clockwise making ¼ turn left [6:00]; 6) Touch L forward bumping L hip forward**

**7&87) Step L back; &) Step R beside L; 8) Step L forward**

**\*(Restart here in rotation 7 facing original 12 o'clock wall)**

**[17-24] BUMP AND BUMP 2X, STEP, ½ PIVOT, ¼ SIDE TOGETHER, KNEE POP**

**1&21) Touch R forward bumping hips right; &) Return hips to center; 2) Step R forward bumping hips right**

**3&43) Touch L forward bumping hips left; &) Return hips to center; 4) Step L forward bumping hips left**

**5-65) Step R forward; 6) Turn  $\frac{1}{2}$  left taking weight on L [12:00]**

**&7&8(&) Turn  $\frac{1}{4}$  left stepping R to right [9:00]; 7) Step L beside R; &) Pop both knees forward; 8) Return knees to center**

**[25-32] CROSS, SIDE,  $\frac{1}{2}$  SAILOR,  $\frac{1}{4}$  FORWARD,  $\frac{1}{4}$  BACK, BOOGIE COASTER**

**1-21) Step R across L; 2) Step L left**

**3&43) Step ball of R behind L; &) Turn  $\frac{1}{4}$  right stepping L back; 4) Turn  $\frac{1}{4}$  right stepping R across L [3:00]**

**5-65) Turn  $\frac{1}{4}$  left stepping L forward; 6) Turn  $\frac{1}{4}$  left stepping R back [9:00]**

**7&87) Step L back pushing hips left; &) Step R beside L pushing hips right; 8) Step L forward pushing hips left**

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