

Feel The Beat

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Nancy Hins (CAN) & Patricia Soran (AUT) - October 2022

Music: - Phil The Beat

Intro : Right on vocals

Restart : No

Tag : No

Final : This dance is finishing naturally facing 12 o'Clock Wall!

Just add a step forward on LF and pointing forward with right finger!

Sec 1 - Walk, Walk, Rock-Recover-Forward, 1/4 L turn with Sweep-Touch, Cross, 1/4R Turn, 1/4R Turn

1-2 Walk LF (1), Walk RF (2)

&3-4 Rock LF to left (&), Recover on RF (3), Slightly cross forward with LF (4)

5-6|4L Turn on LF with Sweep-Touch (5) (9h), Cross RF over LF (6)

7-8|4R turn on LF (7) and step back with LF (12h), 1/4R Turn and step to side with RF (8) (3h)

Sec 2 - Forward, Sweep, Cross, Back, Side, Cross Shuffle, Point

1-2|LF forward (1), Sweep RF over LF (2)

3-4 Cross RF over LF (3), Step back on LF

5-6&7RF to side (5), Cross LF over RF (6), Step RF to right (&), Cross LF over RF (7)

8 Point RF to right side (8)

(figure a Monterey 1/4R Turn on counts 8-1-2)

Sec 3 - 1/4R Turn, Point, Ball Step, Heel, Hold-Snap, Ball Step, Cross, Hold, Bounce 1/4R Turn X2

1-2 Turn 1/4R and step together with RF(1), Point LF to side (2) (arms opened) (6h)

&3-4 Step together with LF (&), Touch right heel diagonal fwd. (3), Hold with finger snap (4)

&5-6 Step together with RF (&), Cross LF over RF (5), Hold with crossing arms on chest (6)

7-8 Bounce 2 times and unwind 1/2R Turn, keeping arms crossed on chest (12h)

Sec 4 - Rock Back Recover, Kick Ball Step, 1/4-Step Turn L, Elvis R knee, Recover

1-2 Rock Back with RF (1), Recover on LF (2)

3&4 Kick RF forward (3), Ball Step on RF (&), Step forward on LF (4)

5-6RF forward (5), 1/4L Turn on LF (6) (9h)

7-8 Bending R knee in (7), Recover on RF (8) with hand motion on counts 7-8

Feel the beat and enjoy this dance!!!