

# You Have My Word

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**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** José Miguel Belloque Vane (NL), Paul Steinborn (DE) & Emma Ruhnau (DE) - August 2022

**Music:** - Derran Day

**Intro: 16 Counts, Start at approx 17 secs**

**SEC 1 Out Out, Ball Cross, Rock, Recover  $\frac{5}{8}$  Hitch, Rock,  $\frac{1}{2}$  Step, Step,  $\frac{1}{2}$  Pivot, Step,  $\frac{1}{2}$  Pivot**

**a1** Step right to right, step left to left

**a2** Step right beside left, cross left over right

**Arms a1) Place both arms up**

**a2) Drop both arms down**

**Styling Drop body bending both knees**

**3-4** Rock right to right, recover weight onto left turn  $\frac{5}{8}$  left hitching right (4:30)

**5-6&** Rock right forward, recover weight onto left, turn  $\frac{1}{2}$  right step right forward (10:30)

**7&** Step left forward, pivot  $\frac{1}{2}$  right transferring weight onto right (4:30)

**8&** Step left forward, pivot  $\frac{1}{2}$  right transferring weight onto right (10:30)

**SEC 2 Run, Rock, Recover Sweep, Back Sweep, Back,  $1\frac{1}{8}$  Rolling Vine, Sway, Sway,  $\frac{1}{4}$  Step,  $\frac{5}{8}$  Turn Lift, Back,  $\frac{1}{2}$  Step**

**a1-2** Step left forward, rock right forward, recover weight onto left sweeping right from front to back

**&3** Step right back sweeping left from front to back, step left back

**4&5** Turn  $\frac{3}{8}$  right step right forward, turn  $\frac{1}{2}$  right step left back, turn  $\frac{1}{4}$  right step right to right swaying body right (12:00)

**6&** Sway body left, sway body right

**7&** Turn  $\frac{1}{4}$  left step left forward, turn  $\frac{5}{8}$  left lifting right back (1:30)

**8&** Turn  $\frac{1}{4}$  left step right back, turn  $\frac{1}{4}$  left step left forward (7:30)

**Restart Here on Wall 3, Square up to 12:00 then restart**

**SEC 3 Step, Jump, Rock & Back,  $\frac{5}{8}$  Weave, Arm Movements,  $\frac{1}{4}$  Step Hitch  $\frac{1}{2}$  Back,  $\frac{3}{4}$  Step Sweep**

- 1&** Step right forward, jump on right lifting left back
- 2&3** Rock left forward, recover weight onto right, step left back
- 4&5** Step right back, turn  $\frac{3}{8}$  left step left forward, turn  $\frac{1}{4}$  left step right to right (12:00)

**Arms5) Raise both arms forward above shoulder height**

- 6-7&** Hold for 2 counts, Prep body  $\frac{1}{4}$  right

**Arms6) Lower arms to shoulder height**

**&a) Take right arm to left, left arm to right, crossing left arm in front right, uncross arms**

**7) Take both arms to sides**

- 8&1** Turn  $\frac{1}{4}$  left step left forward hitch right, turn  $\frac{1}{2}$  left step right back, turn  $\frac{3}{4}$  left step left forward sweeping right from back to front (6:00)

**SEC 4 Weave, Sweep, Behind, Side, Cross Rock &  $\frac{1}{4}$  Step,  $\frac{3}{4}$  Run Around**

- 2&3** Cross right over left, step left to left, step right behind left sweeping left from front to back
- 4&** Step left behind right, step right to right
- 5-6&** Cross rock left over right, recover weight onto right, turn  $\frac{1}{4}$  left step left forward (3:00)
- 7&8&** Turn  $\frac{1}{4}$  left step right forward, turn  $\frac{1}{4}$  left step left forward, turn  $\frac{1}{4}$  left step right forward, step left forward (6:00)