

# Heave Away

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**Count:** 32      **Wall:** 4      **Level:** Absolute Beginner

**Choreographer:** Rob Fowler (ES) - September 2022

**Music:** - The Fables

**Intro: 8 counts from first guitar chord (approx. 8 secs)**

**S1: WALK FORWARD R,L,R, KICK L, WALK BACK L,R,L, TOUCH R**

- 1,2      Walk forward R, walk forward L
- 3,4      Walk forward R, kick L forward
- 5,6      Step back L, step back R
- 7,8      Step back L, touch R next to L

**RESTART: During WALL 3 restart here facing 6 o'clock**

**S2: DIAGONALLY FWD R, TOGETHER L, DIAGONALLY FWD R, BRUSH L, DIAGONALLY FWD L, TOGETHER R, DIAGONALLY FWD L, TOUCH R**

- 1,2      Step R forward to R diagonal, step L next to R
- 3,4      Step R forward to R diagonal, brush L forward
- 5,6      Step L forward to L diagonal, step R next to L
- 7,8      Step L forward to L diagonal, touch R next to L

**S3: DIAGONALLY BACK R, TOUCH L, DIAGONALLY BACK L, TOUCH R, HEEL TWISTS R,L,R, CENTRE**

- 1,2      Step R back to R diagonal, touch L next to R (and clap)
- 3,4      Step L back to L diagonal, touch R next to L (and clap)
- 5,6,7,8      Twist both heels R, L, R, centre (weight on L)

**S4: SIDE R, TOUCH L, SIDE L, TOUCH R, ¾ TURN R WALKING R,L,R,L**

- 1,2      Step R to R side, touch L next to R
- 3,4      Step L to L side, touch R next to L
- 5,6,7,8      Make ¾ turn R walking R, L, R, L (9 o'clock)

**Start Over**

**Last Update - 23 Sept. 2022**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=164174](https://www.linedance.com/index.php?f=dance_view&id=164174)