

Body Ya

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** High Beginner

Choreographer: Mark Paulino (USA) - August 2022

Music: - Earth, Wind & Fire

Starts: 40 counts

[1 - 8] SLIDE X2, SIDE MAMBO STEP X2

1 2 Side step R as you drag L besides R

3 4 Side step L as you drag R besides L

5&6R side rock, recover on L, step R besides L

7&8L side rock, recover on R, step L besides R

[9 - 16] SIDE HOP TOE TOUCH, HOLD, SIDE HOP TOE TOUCH, HOLD, SIDE HOP TOE TOUCH X4

&1 2R side hop step, L toe touch besides R, hold

&3 4L side hop step, R toe touch besides L, hold

&5&6R side hop step, L toe touch besides R, L side hop step, R toe touch besides L

&7&8R side hop step, L toe touch besides R, L side hop step, R toe touch besides L

EZ Option: Change the last 4 counts to R side step while hips sway R(5), hips sway L(6), hips sway R(7), hips sway L(8)

FLAIR: Flail both arms up towards the direction you are hopping/swaying, I highly recommend!

[17 - 24] VINE R CLAP, VINE L WITH $\frac{1}{4}$ TURN L CLAP

1 2R side step, L cross behind R

3 4R side step, L toe touch besides R and clap

5 6L side step, R cross behind L

7 $8\frac{1}{4}$ turn L with L stepping forward, R toe touch besides L and clap 9:00

FLAIR: Rolling vine towards the L for the last 4 counts: ¼ turn L with L stepping forward, ½ turn L with R stepping back, ½ turn L with L stepping back, toe touch R besides L and clap

[25 - 32] SIDE STEP SHIMMY, TOE TOUCH, HOLD, SIDE STEP SHIMMY, TOE TOUCH, HOLD

1 2R side step and shimmy your shoulders

3 4L toe touch besides R, hold

5 6L side step and shimmy your shoulders

7 8R toe touch besides L, hold

Last Update: 18 Aug 2022