

Shake a Hand

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Count: 32 **Wall:** 4 **Level:** High Beginner

Choreographer: Micaela Svensson Erlandsson (SWE) - April 2022

Music: - Nick Bukuvalas

Position: Start in Side by Side position (Right Open Parallel) Couple on

Same footwork throughout. Start dancing on lyrics.

SLIDING DOORS

1-2MAN: Cross left behind right, step right to side, moving to right behind lady

LADY: Step left to side, cross right behind left moving to left in front of man

3 & 4BOTH: Triple step, left, right, left, lady moving slightly back, man moving slightly forward

Release right hands, left hands go over lady's head, lady then moves across man's back

man offers lady his right hand at his right side, lady puts her right hand in his right hand.

5-6MAN: Step right across in front of left, step to left side on left moving to left in front of lady

LADY: Step right to side, cross left behind right, moving to right behind man

7&8BOTH: Triple step right, left, right

Lady moves slightly forward as man moves slightly back to side by side position (right hands go over lady's head.)

WALK, WALK, TRIPLE STEP, LADY'S 1/2 RIGHT TURN, ROCK STEP, TRIPLE STEP

1-2MAN: Step small steps forward, left, right

LADY: Step left forward turning 1/4 right, step right back, turning 1/4 right

Turn lady right with left arm, to cross hand open position, left hands on top couple facing

3&4MAN: Triple step forward, left, right, left

LADY: Triple step back, left, right, left

5-6MAN: Rock right forward, step left back

LADY: Rock right back, step left forward

7&8MAN: Triple step back, right, left, right making sure the lady is next to your right side

LADY: Triple step forward, right, left, right, moving up to man's right side

Couple still in cross hand position

WALK, WALK, TRIPLE STEP ROCK STEP, COASTER STEP

1-2MAN: Step left across in front of right, step slightly right on right

LADY: Steps left right walking around in back of man to his left side 1/2 right turn on move

First left hands, then right hands go over man's head. End in cross handed position with lady on left

side of man, both facing LOD.

3&4BOTH: Triple step, left, right, left, finishing change of position

5-6BOTH: Rock right forward, step left back

7&8BOTH: Right coaster step, step right back, step left together, step right forward

WALK, WALK, TRIPLE STEP, LADY'S FULL TURN LEFT, STEP, LOCK, TRIPLE STEP

1-2MAN: Step left to side, step right together, turn lady with right hand

LADY: Step left across in front of right prepping for turn, turn 1/4 left, step right back

Now crossing in front of man.

3&4MAN: Triple step in place, left, right, left, turning lady to side by side position

LADY: Turn 3/4 left, stepping left, right, left

Resume side by side position, both facing LOD

5-6BOTH: Step right forward, step left next to heel of right

7&8BOTH: Triple step forward, right, left, right

REPEAT

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