

# Hippy Hippy Shake AB

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**Count:** 32

**Wall:** 4

**Level:** Absolute Beginner / Improver

**Choreographer:** Annemaree Sleeth (AUS) - April 2022

**Music:** - The Swinging Blue Jeans

**Written for Sherbrooke U3a**

**Alt Music Hippy Hippy Shake (Faster Music )**

**S 1 (1 - 8) DIAG FORWARD TOE STRUTS, SLAP BOTTOM BOUNCE 4 COUNTS**

- 1-2 Pick Up Right Foot Right Toe Diagonally Forward Drop Right Heel
- 3-4 Pick Up Left Foot Step Left Toe Diagonally Forward , Drop Left Heel
- 5-6 Bounce Hips Back, To Right Side
- 7-8 Cont Bounce Hips In A Half Circle Bounce Forward, Bounce to Left Side Weight On Left

**Styling Option , Slap Right Butt Cheek on Count 2 and 4 Looking over Right Then Left Shoulder**

**To Take Out Bounces Back Toe Struts Right Back , Left Beside Right**

**HARDER STYLING OPTION 2 JUMPS FORWARD AND 2 JUMPS BACK ON COUNTS 1-4 (&1-2&34)**

**S 2 (9 -16 FORWARD TOUCH, BACK TOUCH, VINE, TOUCH**

- 1-2 Step Right Diagonally Forward Bending Knee Slightly (1.30) Touch Left Beside Right
- 3-4 Step Left Back,(1.30 Touch Right Beside Left
- 5-6 Right Step Right Side, Cross Left Behind Right
- 7-8 Step Right Side, Touch Left Beside Right (Change to Step Left Beside Right on Restarts

**Restart Need Step Change Count 16 To Step Right Beside Left**

**S 3 (17 - 24) FORWARD TOUCH, BACK TOUCH, VINE ¼ Left TOUCH,**

- 1-2 Step Left Diagonally Forward Bending Knee Slightly, Touch Right Beside Left
- 3-4 Step Right Diagonally Back Touch Left Beside Right
- 5-6 Step Left Side, Cross Right Behind Left
- 7-8 Turn ¼ Left Step Left Forward Touch Right Beside Left - 3.00

## **S 4 (25 - 32) DOUBLE HIPS, SINGLE HIPS R,L,R,L/Knee Pops**

- 1-2** Step Right Side Bumping Hips Right Side Twice
- 3-4** Transfer Left Side Bumping Hips Left Side Twice
- 5-6** Transfer to Right Bump Hips Once, Bump Hips Left Once
- 7-8** Transfer To Right Bump Hips Once, Bump Hips Left Once

### **Extra arms movements On Hip Bumps**

**Optional Restart Wall 5 facing 9.00 Dance 15 counts change count 16 to step together**

**Ending \*\* 1/4 Left Cross Right Over Left**

**Arms Out To Sides and Pose Taadahh**

**Watch The Video On Annemaree Sleeth Youtube**

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