

To Hell & Back

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Count: 32 **Wall:** 4 **Level:** Easy Intermediate

Choreographer: Cato Larsen (NOR) - 2 March 2022

Music: - Ava Max

Alt. CD: Ava Max - Heaven & Hell (2020).

Intro: Start the dance after 16 counts of singing (28 seconds).

Motion: Novelty.

[1 - 8] Mambo Step, Sailor ½ turn, Mambo Step, Sailor ¼ turn.

- 1&2** Step forward on right (1), Rock (recover) back again on left (&), Step back on right (2).
12:00
- 3&** Starting to turn left; Cross left behind right (3), Turn ¼ turn left Stepping right next to left (&). 9:00
- 4** Turn ¼ turn left Stepping forward on left (4). 6:00
- 5&6** Step forward on right (5), Rock (recover) back again on left (&), Step back on right (6).
- 7&** Starting to turn left; Cross left behind right (7), Turn ¼ turn left Stepping right next to left (&). 3:00
- 8** Step left slightly to left side (8).

[9 - 16] Cross Rock, Side, Weave, Vaudeville.

- 1&2** Cross right over left (1), Rock (recover) back again onto left (&), Step right to right side (2).
- 3&4** Cross left over right (3), Step right to right side (&), Cross left behind right (4).
- &5** Step right slightly right (&), Touch left heel diagonally forward left (5).
- &6** Step left next to right (&), Cross right over left (6).
- &7** Step left slightly to left side (&), Touch right heel diagonally forward right (7).
- &8** Step right next to left (&), Cross left over right (8).

[17 - 24] Unwind & Sweep, Back Rock Step, Flick, Side, Flick, Side, Ball-Side, Sailor Step.

- 1** Unwind ¾ turn right Sweeping right foot clockwise backwards (1). 12:00

- 2&3** Cross right behind left (2), Rock (recover) forward again onto left (&), Step right to right side (3).
- &4** Flick left foot behind right leg (&), Step left to left side (4).
- &5** Flick right foot behind left leg (&), Step right to right side (5).
- &6** Step left next to right (&), Step right to right side (6).
- 7&8** Cross left behind right (7), Step right slightly right (&), Step left slightly left (8).

[25 - 32] Weave, Point, Modified Monterey turn, Side Rock, Cross Rock, ¼ turn.

- 1&** Cross right over left (1), Step left to left side (&).
- 2&** Cross right behind left (2), Step left to left side (&).
- 3&4** Cross right over left (3), Step left to left side (&), Point right toe to right side (4).
- 5** Turn (spin) ½ turn right Stepping right next to left (5). 6:00
- 6&** Step left to left side (6), Rock (recover) back again onto right (&).
- 7&** Cross left over right (7), Rock (recover) back again onto right (&).
- 8** Turn ¼ turn left Stepping forward on left (8). 3:00