

# Poco Loco

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**Count:** 48

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Alison Biggs (UK) & Peter Metelnick (UK) - April 2022

**Music:** - Alvaro Estrella

**Start after 16 count intro - approx. 9secs - 103bpm - 2mins 55secs**

**Music Available: Amazon**

**[1-8] R cross rock/recover, R chassé, L cross rock/recover, ¼ L, L fwd shuffle**

- 1-2** Cross rock R over L, recover weight on L
- 3&4** Step R side, step L together, step R side
- 5-6** Cross rock L over R, recover weight on R
- 7&8** Turning ¼ left step L forward, step R together, step L forward (9 o'clock)

**WALL 3 RESTART: Dance first 6 counts then replace counts 7&8 with the following L chassé**

- 7&8** Step L side, step R together, step L side then begin the dance again facing front wall

**[9-16] R fwd, L touch together, L back, touch R heel fwd, R back, L fwd, R fwd bump hips R/L/R, L fwd mambo**

- 1-2** Step R forward, touch L together
- &3&4** Step L back, touch R heel forward, step R back, step L forward
- 5&6** Step R forward bump R hip forward, bump L hip back, bump R hip forward (weight ends on R)
- 7&8** Rock L forward, recover weight on R, step L back

**[17-24] Walk back R/L, R sailor, L cross rock/R recover/L side, R cross shuffle**

- 1-2** Step R back, step L back
- 3&4** Cross step R behind L, step L side, step R side
- 5&6** Cross rock L over R, recover weight on R, step L side
- 7&8** Cross step R over L, step L side, cross step R over L

**[25-32] L side rock/recover, ¼ L toaster step, R/L side switches, R fwd, L fwd**

- 1-2** Rock L side, recover weight on R

**3&4** Turning ¼ left step L back, step R together, step L forward (6 o'clock)

**5&6&** Touch R side, step R together, touch L side, step L together

**7-8** Step R forward, step L forward

**[33-40] R back, touch L heel fwd, hold, L back, R touch together, R side, L touch together, L back, touch R heel fwd, hold, R back, L touch together, L side, R touch together**

**&1-2** Step R slightly back, touch L heel forward, hold

**BIG FINISH: Keep left heel forward to strike a pose!**

**&3&4** Step L back, touch R together, step R side, touch L together

**&5-6** Step L slightly back, touch R heel forward, hold

**&7&8** Step R back, touch L together, step L side, touch R together

**[41-48] R ball cross, R side, ¼ L toaster step, ¼ L with R/L hip bumps, ½ L with R/L hip bumps**

**&1-2** Step R back, cross step L over R, step R side

**3&4** Turning ¼ left step L back, step R together, step L forward (3 o'clock)

**5-6** Turning ¼ left bump R hip side (12 o'clock), bump L hip left side

**7-8** Turning ½ left bump R hip side (6 o'clock), bump L hip (weight ends on L)

**Last Update - 5 Apr. 2022**