

# Mi Cama AB

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** Absolute Beginner

**Choreographer:** Joan Morro (ES) & Joana Maria Grimalt (ES) - February 2022

**Music:** - Tito "El Bambino"

## **NO TAGS NO RESTARTS**

**Start dance facing 10.30**

## **[1-8] ROCKING CHAIR, CROSS SHUFFLE, MAMBO R&L**

**1&2&.-RF Rock FWD LF Recover, RF Rock FWD, LF Recover**

**3&4.-RF Cross over LF, LF step side R, RF Cross over LF**

**5&6.-LF Mambo L, Rf Recover, LF Step together RF (12.00)**

**7&8-RF Mambo R, LF recover, RF Step together LF**

## **[9-16] MAMBO FWD, ANCHOR STEP, STEP BACK X 2, COASTER STEP**

**1&2.-LF Mambo FWD, RF recover, LF step together RF**

**3&4.-RF Step BWD behind LF, LF Recover in place, RF Recover In place**

**5-6.-LF step Bwd, RF Step Bwd**

**7&8LF Step BWD, RF step Bwd near LF, LF Step FWD**

## **[17-24] TRIPLE STEP DIAGONALLY RIGHT-LEFT & FORWARD, STEP TURN ½ R**

**1&2.-RF Step fwd Diagonally R, LF Step fwd near RF, RF Step fwd diagonally R (1.30)**

**3&4.-LF Step fwd Diagonally L, RF Step fwd near LF, LF Step fwd diagonally L (10.30)**

**5&6.-RF Step Fwd, LF Step fwd near RF, RF Step fwd (12.00)**

**7,8.-LF Step Fwd, RF ½ turn right & step in place (6.00)**

## **[25- 32] POINT X 2, HEEL TOUCH X 2, SWAY X 3 & TOUCH**

**1&2&.-LF point L, LF step near RF, RF Point R, RF step near RF**

**3&4&.-LF Heel Touch Fwd, LF step near LF, RF Heel Touch Fwd, RF Step near LF**

**5,6,7.-LF Step Left & hip Sway L, RF Recover & hip sway R, LF Recover & hip sway L**

**8.-RF Toe touch near LF & turn 1/8 L for start again (4.30)**

**Enjoy and have fun with this**

**cumbiaton choreography**

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