

Gimme Some!

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Count: 48 **Wall:** - **Level:** Phrased Beginner Party dance

Choreographer: Glynn Rodgers (UK) - December 2021

Music: - Brendon

(32 Count Intro)

Phrasing: Phrased Part A & B (Chorus & Verse) (A A B B A A B A A B B B A A A A A A A)

Note! - I teach part B first to lure people into thinking it's a straight forward dance before you add in the fun bits! Sadly the phrasing is different to the Jimmy Bo Horne track as it would need a restart, so it won't fit the same.

PART A - CHORUS

[1-8] "GIMME SOME" HIP THRUSTS

- 1-2** Lean weight on to right foot angling to left diagonal and thrust twice with arms bents at waist height and fists clenched.
- 3-4** Lean weight on to left foot angling to right diagonal and thrust twice with arms bents at waist height and fists clenched.
- 7-8** Repeat counts 1-4.

[9-12] "V" STEP WITH ARM MOVEMENTS (HEAD, HEAD, HIP, HIP)

- 1** Step right to right diagonal placing right hand behind your head.
- 2** Step left a shoulders width apart from right placing left hand behind your head.
- 3** Step right back to place putting right hand on right hip.
- 4** Step left beside right putting left hand on left hip.

[13-16] ¼ TURNING JUMPS FORWARD & BACK (OR "V" STEP)

- 5-6** Keeping hands on hips, jump forward with both feet, jump back with both feet turning 1/8 left.
- 7-8** Jump forward with both feet turning 1/8 turn left, clap hands.

If you don't want to jump, keep hands on your hips and do another V step turning ¼ turn clapping hands as your close left to right on count 8.

PART B - VERSE & INSTRUMENTAL

[1-16] "X" STEP (DOUBLE K STEP)

- 1-2** Step right forward to right diagonal, touch left beside right and clap.
- 3-4** Step left back to left diagonal, touch right beside left and clap.
- 5-6** Step right back to right diagonal, touch right beside left and clap.
- 7-8** Step left forward to left diagonal, STEP right beside left.
- 9-10** Step left forward to left diagonal, touch right beside left.
- 11-12** Step right back to right diagonal, touch left beside right.
- 13-14** Step left back to left diagonal, touch right beside left.
- 15-16** Step right forward to right diagonal, STEP left beside left.

[17-24] STROLL FORWARD, KICK, STROLL BACK, TOUCH.

- 1-4** Walk forward right-left-right, kick left foot forward.
- 5-8** Walk back left-right-left, touch right beside left.

[25-32] ROLLING VINE RIGHT, GRAPEVINE $\frac{1}{4}$ LEFT.

- 1-2** Turn $\frac{1}{4}$ right stepping forward right, turn $\frac{1}{2}$ right stepping back left.
- 3-4** Turn $\frac{1}{4}$ right stepping side right, touch left beside right.
- 5-6** Step left to left side, cross right behind left.
- 7-8** Turn $\frac{1}{4}$ left stepping forward left, scuff right foot forward.

HAVE FUN AND SMILE!!

Last Update - 9 Dec. 2021