

# Bahama Mama

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** Bertanyna (INA) - November 2021

**Music:** - Boney M.

## **Intro : 16 counts**

**Note : No tag, I restart on wall 5 after 32 counts**

**S1# (SIDE - CLOSE - SIDE) TOUCH - CROSS BEHIND - SIDE - CROSS OVER - SIDE - ¼  
TURN RECOVER - COASTER STEPS**

**1&2**touch RF to side, close touch RF next to LF, touch RF to side

**3&4**cross RF behind LF, step LF to side, cross RF over LF

**5, 6**step LF to side, ¼ turn left recover on RF

**7&8**step LF back, close RF next to LF, step LF fwd

**S2# SIDE - RECOVER - CROSS - SIDE - CROSS - SIDE - ½ TURN STEP TO SIDE - ½ TURN  
SIDE SHUFFLE**

**1, 2**step RF to side, recover on LF

**3&4**cross RF over LF, step LF to side, cross RF over LF

**5, 6**step LF to side, ½ turn right step RF to side

**7&8**½ turn right step LF to side, close RF next to LF, step LF to side

**S3# ROCK BACK - RECOVER - LOCK SHUFFLE FWD - ROCK FWD - RECOVER - LOCK  
SHUFFLE BACK**

**1, 2**step RF back, recover on LF

**3&4**step RF fwd, lock LF behind RF, step RF fwd

**5, 6**step LF fwd, recover on RF

**7&8**step LF back, lock RF in front of LF, step LF back

**S4# WALK BACK (R -L) - TOUCH BACK - ½ TURN HOLD - COASTER STEPS - ¼ PIVOT TO RIGHT- CLOSE**

**1, 2step RF back, step LF back**

**3, 4touch RF back, ½ turn right weight on LF**

**5&6step RF back, close LF next to RF, step RF fwd**

**7&8step LF fwd, ¼ turn right recover on RF, close LF next to RF**

**(RESTART HERE ON WALL 5)**

**S5# CROSS TOUCH - SIDE TOUCH - CROSS BEHIND - SIDE - CROSS OVER - STEP TO SIDE ON TOES WITH HIP (UP - DOWN - UP) - CROSS BEHIND - SIDE - CROSS OVER**

**1, 2cross touch RF over LF, touch RF to side**

**3&4cross RF behind LF, step LF to side, cross RF over LF**

**5&6step LF to side on toes with HIP (UP, Down, UP)**

**7&8cross LF behind RF, step RF to side, cross LF over RF**

**S6# ½ PIVOT - LOCK SHUFFLE FWD - ½ PIVOT - LOCK SHUFFLE FWD**

**1, 2step RF fwd, ½ turn left recover on LF**

**3&4step RF fwd, lock LF behind RF, step RF fwd**

**5, 6step LF fwd, ½ turn right recover on RF**

**7&8step LF fwd, lock RF behind LF, step LF fwd**

**Enjoy the dance,**

**Best regards, Herman Baso**

**Contact Email: [hermanbaso.official@gmail.com](mailto:hermanbaso.official@gmail.com)**