

Can I Get It

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Alison Biggs (UK) & Peter Metelnick (UK) - November 2021

Music: - Adele

**Start after short 8 count intro - approx. 8 secs - 3mins 30secs - 98bpm - Available:
Amazon**

**[1-8] R fwd rock/recover, R side rock/recover, ¼ R toaster, L fwd rock/recover, L side
rock/recover, L behind, ¼ R, R fwd, L fwd**

- 1&2&** Rock R forward, recover weight on L, rock R side, recover weight on L side
- 3&4** Turning ¼ right step R back, step L together, step R forward (3 o'clock)
- 5&6&** Rock L forward, recover weight on R, rock L side, recover weight on R side
- 7&8** Cross step L behind R, turning ¼ right step R forward, step L forward (6 o'clock)

**[9-16] R fwd, twist heels R and back to centre (weight on L), R back, L ball cross, step
R side, L sailor, R behind, ¼ L, L fwd, R fwd**

- 1&2** Step R forward, twist both heels right, twist both heels back to centre (weight ending on L)
- &3-4** Step right back, cross step L over R, step R side
- 5&6** Cross step L behind L, step R side, step L side
- 7&8** Cross step R behind L, turning ¼ left step L forward, step R forward (3 o'clock)

**[17-24] L side, R touch ball cross, R side, L kick ball cross, bounce heels 3 times
turning ½ L**

- 1-2&3** Step L side, touch R together, step R back, cross step L over R
- 4** Step R side
- 5&6** Kick L forward, step L back, cross step R over L
- 7&8** Bounce on both feet turning ½ left ending with L forward, R back (weight on R) (9 o'clock)

**[25-32] L coaster, R fwd as you bump hips fwd, back, fwd, L kick ball step, L fwd as you
bump hips fwd, back, fwd**

- 1&2** Step L back, step R together, step L forward
- 3&4** Step R slightly forward bumping hips forward, bump hips back, bump hips forward (weight ending on R)

5&6 Kick L forward, step L back, step R forward

7&8 Step L slightly forward bumping hips forward, bump hips back, bump hips forward (weight ending on L)

TAG: WALLS 3 & 6 - Add 4 count tag at the end of wall 3 (facing R side wall) and wall 6 (facing back wall)

&1-4R fwd, L fwd & apart, R back, L back, R back & apart, L fwd

&1-2 Step R forward, step L apart, step R back

&3-4 Step L back, step R apart, step L forward

BONUS 16: WALL 4: - Add 16 count tag at the end of wall 4 (facing front wall)

[1-8] R side, cross L behind, R side, cross L over R, $\frac{1}{4}$ R, R fwd, L fwd, pivot $\frac{1}{2}$ R, turn $\frac{1}{4}$ R, L to L side, cross R behind L, L side, cross R over L

1-2&3 Step R to right side, cross step L behind R, step R side, cross step L over R

4-5&6 Turning $\frac{1}{4}$ right step R forward, step L forward, pivot $\frac{1}{2}$ right, turning $\frac{1}{4}$ right step L side (12 o'clock)

7&8 Cross step R behind L, step L side, cross step R over L

[9-16] L side, cross R behind, L side, cross R over L, $\frac{1}{4}$ L, L fwd, R fwd, pivot $\frac{1}{2}$ left, turn $\frac{1}{4}$ L, R to R side, cross L behind R, R side, L fwd

1-2&3 Step L side, cross step R behind L, step L side, cross step R over L

4-5&6 Turning $\frac{1}{4}$ left step L forward, step R forward, pivot $\frac{1}{2}$ left, turning $\frac{1}{4}$ left step R side (12 o'clock)

7&8 Cross step L behind R, step R side, step L forward

THE ADELE COMBO: WALL 8: Combine Bonus 16 + TAG

1-20 Add the Bonus 16 and then the 4 count tag at the end of wall 8 (facing front wall)

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