

One Cha

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Count: 64 **Wall:** 2 **Level:** Advanced Cha Cha

Choreographer: Niels Poulsen (DK) - September 2021

Music: - Mr Belt & Wezol & Jack wins : (iTunes)

Intro 32 Counts

Tag: 16 counts during wall 3

Restart: During wall 5

Heel grind $\frac{1}{4}$ Turn R, Behind side cross , Side rock, Sailor $\frac{1}{2}$ turn L.

- 1 2** Step on right heel slightly forward, Turn $\frac{1}{4}$ R step left next right (3)
- 3&4** Step right behind left, Step left to the left, Cross right over left
- 5 6** Rock left to the L side, Rock back on Right
- 7&8** Cross left behind right as you begin to turn $\frac{1}{4}$ L, complete $\frac{1}{4}$ turn stepping right together,
Turn $\frac{1}{4}$ L stepping left fwd (9)

Step forward, $\frac{1}{2}$ Turn left w/Sweep, Behind side cross, R diagonal Dorothy L diagonal Dorothy,

- 1 2** Step Right forward, $\frac{1}{2}$ Turn L with left sweep from front to back, (3)
- 3&4** Step left behind right, Step right to the R side, Cross left over right,
- 5 6&** Step Right forward, Lock left behind right, step right forward
- 7 8&** Step Left forward, Lock right behind left, step left forward (Restart point here on wall 5)

Hitch 2x $\frac{1}{4}$ R, Coaster step, $\frac{1}{2}$ Turn L , Drag, Ball step, $\frac{1}{2}$ turn R.

- 1 2** Hitch right $\frac{1}{8}$ R, Hitch right $\frac{1}{8}$ R (6)
- 3&4** Step back on right, Step left next right, Step right forward
- 5 6** Pivot $\frac{1}{2}$ Turn L, Drag Left towards right (12)
- &7** Step left next right, Step right forward

(Tag point here on wall 3)

$8\frac{1}{2}$ R step Left backwards(6)

$\frac{1}{4}$ Turn R, Hold, Behind side cross, step, Hold, Behind side cross

- 1 2** Stomp right $\frac{1}{4}$ R to the side, Hold (9)
- 3&4** Step Left behind right, Step right to the side, Cross left over right
- 5 6** Stomp right to the R side, Hold
- 7&8** Step Left behind right, Step right to the side, Cross left over right

Tag with step change: On wall 3

Dance up to count 23, on count 24 walk left forward. Facing (6 o'clock)

Start the Tag: (16 counts) Stomp, twist $\frac{1}{2}$ L,R,L. step, rock step, coaster step (2x).

- 1** Step right forward with stomp on RF,
- 2&3(making a $\frac{1}{2}$ turn L) twist left heel R, twist right heel R, twist left heel R, (12 o'clock)**
- 4** Step right forward,
- 5 6** Rock left forward and back on right,
- 7&8** Step left back, Step right next to left, Step left forward

(Repeat the 8 counts) - Restart the dance on (6 o'clock)

Restart: On wall 5 After 16 Counts (6 o'clock)

End: On count 25. Take a big step to the right side and drag Left next right.