

# Day One.. One Day

LINEDANCE.COM

**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Ria Vos (NL) - August 2021

**Music:** - BEXAR : (Single)

## No Tag & No Restart

### S1. PRISSY WALK ( R/L ), FORWARD LOCK SHUFFLE, TOUCH , ¼ LEFT. COASTER STEP2

1-2            Cross slightly RF over LF, Cross slightly LF over RF

3&4           Step RF fwd, Lock cross LF behind RF, Step RF fwd

5-6           Touch LF fwd, Touch LF to L

**7&8 ¼ L. Step back on LF, Step RF next to LF, Step LF fwd**

### S2. S CROSS SAMBA, FORWARD, HITCH, ½ RIGHT. FORWARD, ½ LEFT. IN PLACE

1&2           Cross RF over LF, Step L to L, Step RF in place

3-4           Step LF fwd, Hitch RF fwd

**5-6 ½ R. Step RF fwd, ½ L. Step LF in place**

**7-8 ½ R. Step RF in place, ½ L. Step LF in place**

### S3. HALF DIAMOND, MAMBO ( FORWARD/BACKWARD )

1&2           Cross RF over LF, Step LF to L, 1/8 R. Step back on RF

3&4           Step back on LF, Step RF to R, 1/8 R. Cross LF over RF

5&6           Rock RF fwd, Recover on LF, Step RF next to LF

7&8           Rock back on RF, Recover on LF, Step RF fwd

### S4. SAMBA WISK ( R/L ), ½ LEFT. PIVOT, FORWARD ROCK, RECOVER ( DRAG RF NEXT TO LF )

1&2           Step RF to R, Cross LF behind RF, Recover on RF

3&4           Step LF to L, Cross RF behind LF, Recover on LF

5-6           Step RF fwd, ½ L. Step LF in place

7-8           Rock RF fwd, ¼ L. Recover on LF while drag & touch RF next to LF

### ENDING 16C ( following the slower rhythm of the music )

## **S1. WALK FORWARD WITH SHIMMY, MAMBO**

- 1-4** Walk forward R-L-R-L with shimmy
- 5&6** Rock RF to R, Recover On LF, Step RF next to LF
- 7&8** Rock LF to L, Recover on RF, Step LF next to RF

## **S2. WALK BACKWARD WITH SHIMMY, MAMBO**

- 1-4** Walk Backward R-L-R-L with shimmy
- 5&6** Rock RF to R, Recover on LF, Step RF next to LF
- 7&8** Rock LF to L, Recover on RF, Step LF next to RF

**Email : [idawt1701@gmail.com](mailto:idawt1701@gmail.com) & [ksherrina@ymai.com](mailto:ksherrina@ymai.com)**