

Soul Food

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Silvia Schill (DE) - August 2021

Music: - Keith Urban

The dance begins after 48 beats with 'Every Night That I've Been 2'. Update 15.08.2021 - no restarts, no tags

Rock side, shuffle across r + l

- 1-2** Step right with right - weight back on LF
- 3&4** Cross RF far over left - small step left with left and cross RF far over left
- 5-6** Step left with left - weight back on RF
- 7&8** Cross LF far over right - small step right with right and cross LF far over right

Side, behind, ¼ turn r/chassé forward, step, pivot ½ r, shuffle forward

- 1-2** Step right with right - cross LF behind right (bend knees a little)
- 3&4 ¼ turn right around and step forward with right - move LF next to right and step forward with right (3 o'clock)**
- 5-6** Step forward with left - ½ turn right around on both balls, weight at the end right (9 o'clock)
- 7&8** Step forward with left - move RF next to left and step forward with left

Rocking chair, step, pivot ½ l 2x

- 1-2** Step forward with right - weight back on LF
- 3-4** Step back with right - weight back on LF
- 5-6** Step forward with right - ½ turn left around on both balls, weight at the end left (3 o'clock)
- 7-8** As 5-6 (9 o'clock)

Jazz box with cross, side, touch/snap r + l

- 1-2** Cross RF over left - step back with left
- 3-4** Step left with left - cross RF over left
- 5-6** Step right with right - touch LF next to right/snap
- 7-8** Step left with left - touch RF next to left/snap

Repeat to the end

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=153294