

High Horse

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Count: 32

Wall: 4

Level: Low Improver

Choreographer: Shelli Blake (USA), Rob Fowler (ES) & I.C.E. (ES) - 14 August 2021

Music: - Nelly

Intro: 16 counts (approx. 9 secs) - Start on vocals

S1 [1-8] Walk Forward R, L, Touch R, Heel Twist, Walk Back R, L, Back R, L Heel, Shimmy Shoulders

- 1-2** Walk forward R, L
- 3&4** Touch R forward, twist both heels to R, return to center (weight on L)
- 5-6** Walk back R, L
- &7** Step back on R, touch L heel forward
- &8** Shimmy shoulders L, R

(option: instead of the shoulder shimmies, you can lasso your R arm overhead, like roping cattle)

RESTART 1: During Wall 3 dance up to and including count 8 then RESTART facing 6:00.

S2 [9-16] Step L, Forward R, Pivot $\frac{1}{4}$ L, R Samba, Cross L, Back R, Side Shuffle L

- &1-2** Step L next to R, step forward on R, make a $\frac{1}{4}$ turn L (weight on L) 9:00
- 3&4** Cross R over L, rock L to L side, recover on R
- 5-6** Cross L over R, step back on R
- 7&8** Step L to L side, step R next to L, step L to L side

RESTART 2: During Wall 6 dance up to and including count 16 then RESTART facing 9:00.

S3 [17-24] Cross Heel Dig R, L, Step L, Forward R, Hook L, Back L, R Coaster

- 1-2** Cross R heel over L foot, fanning toes from L to R

- &3-4** Step R next to L, cross L heel over R foot, fanning toes from R to L
- &5** Step L next to R, step forward on R
- &6** Hook L behind R (and slap L foot with R hand), step back on L
- 7&8** Step back on R, step L next to R, step forward on R

S4 [25-32] Skate L, Skate R, Shuffle Forward L, Forward R, Pivot ½ L, Full Turn L

- 1-2** Swivel on ball of L foot pushing off toward L diagonal, changing weight to R foot swivel on ball of R foot toward R diagonal
- 3&4** Step forward on L, step R next to L, step forward on L
- 5-6** Step forward on R, make a ½ turn L (weight forward on L) 3:00
- 7-8** Make a ½ turn L stepping back on R, make a ½ turn L stepping forward on L

(non-turning option: walk forward R, L)

Start Over

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